



Senior Resource Guide 2023



ABOUT THIS DIRECTORY

This directory is designed to make it as easy as possible for older adult residents of South Orange and Maplewood (SOMA), and those who care for them, to find and use local resources. It was developed and produced by *SOMA Two Towns for All Ages*, a joint initiative that recognizes the importance of retaining older residents in our community. We strive to make our towns more age-friendly and responsive to older residents' needs.

Organizations listed in this directory are government and non-profit resources in the area. This includes local, county, state and federal government services, charities, agencies and contracted services.* Services outside the area may also be included where appropriate.

Some services may be subject to income, age or residency status. Medicare, Medicare Advantage or your healthcare provider may be able to suggest additional private companies and services.

** A listing in this directory does not imply a recommendation or endorsement of, or arrangement with, any organization or provider and SOMA Two Towns for All Ages, the Township of Maplewood or the Village of South Orange.*

HOW TO USE THIS DIRECTORY

Providers are listed by category. If they provide more than one service they will be listed multiple times. Contact information has been checked and verified, but as staff and office locations may change over time, always call before visiting an office in person.

If you are aware of additional services, or have corrections to the information in this directory, please let us know!

SOMA Two Towns for All Ages

Website: www.SOMATwoTownsforAllAges.org
Email: SOMA2towns@gmail.com
Phone: (973) 558-0863

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GENERAL ASSISTANCE

Essex County Division of Senior Services

465 Dr. Martin Luther King, Jr. Blvd., Room 102

Newark, NJ 07102

(973) 395-8365

Special transportation: (973) 737-7200

essexcountynj.org/senior-services/

The Essex County Division of Senior Services provides older adults and their families and caregivers with information about a wide range of resources, including:

- Adult Protective Services
- Assisted Transportation
- Caregiver Assistance
- Care Management
- Home Health Care
- Emergency Heating/Cooling
- Financial Counseling
- Grandparent Caregivers
- Health Insurance Counseling (SHIP)
- Home Delivered Meals
- Home Friend in-home chore service
- Home Modifications (ramps)
- Legal Services
- Nutrition Sites
- Residential Repair (minor repairs)
- Respite Services

NJ 211

www.nj211.org/

211 is a free, confidential information and referral service that connects families and individuals with community resources. Just dial 2-1-1, no other digits needed.

GENERAL ASSISTANCE

NJ Save

(800) 792-9745

www.nj.gov/humanservices/doas/home/

NJSave is a program offered by the NJ Division of Aging Services to help low-income seniors and individuals with disabilities save money on Medicare premiums, prescription costs, and other living expenses. The application can be completed online, or you can request a paper form by calling the number above. To qualify you must be a resident of the State of New Jersey, meet certain income requirements, and either be 65 years of age or older or between the ages of 18 and 64 and receiving Social Security disability benefits. NJSave connects applicants with:

- Pharmaceutical Assistance
- Hearing Aid Assistance
- Lifeline Utility Assistance
- Medicare Saving Programs
- Senior Gold Prescription Programs
- Universal Service Fund
- Low-income Heating & Energy Assistance
- Supplemental Nutrition Assistance Program (SNAP)

Chrill Care

(973) 744-8103 ext. 258

services@chrill.org

chrill.org/

Chrill Care is a home health care agency based in Verona. They offer a range of services, including:

- Certified Home Health Aides
- Companion Services
- Bathing Services
- Housekeeping Services
- Telephone Reassurance
- Respite Care
- Meals on Wheels
- Congregate Meals

GENERAL ASSISTANCE

The Eldercare Locator

(800) 677-1116 M-F, 9am – 8pm

eldercare.acl.gov/

Email: eldercarelocator@n4a.org

The Eldercare Locator is a free service from the U.S. Administration on Aging that provides older adults and their families with connections to trustworthy local resources such as meals, home care, transportation, and caregiver support.

Family Connections

(973) 675-3817

olderadults@familyconnectionsny.org

<https://www.familyconnectionsny.org/what-we-do/older-adult-support/>

Family Connections' Older Adult Services support older adults, individuals caring for older adults, and older adults who have become legal guardians to their grandchildren. The various services include assessments, case management, resource sharing, counseling, and disease self-management.

Jewish Family Services (JFS) of MetroWest

(973) 765-9050

www.jfsmetrowest.org

JFS provides practical information and emotional support as well as connections to a variety of local resources and services. This includes Comprehensive Assessments, Case Management, Counseling and support groups, Holocaust Survivor services, Alzheimer's and related dementia programs, food, financial assistance, at home assistance, adult day programs, medical support, and housing.

RECREATION: FITNESS, CLUBS, SENIOR ACTIVITIES

Maplewood Recreation

(973) 763-0750

<https://www.maplewoodnj.gov/government/community-services/senior-citizen-programming>

Maplewood Recreation offers a range of classes and events for adults and seniors at the Maplewood Senior Center (106 Burnett Avenue, MW) and other venues.

South Orange Recreation

973-378-7754

recreation@southorange.org

<https://southorange.org/249/Recreation-Cultural-Affairs>

South Orange Recreation provides a well-rounded program of leisure time activities for Active Older Adults.

GetSetUp

<https://www.getsetup.io/partner/NJ>

The NJ Department of Human Services' Division of Aging Services has teamed up with GetSetUp to provide hundreds of live online classes to keep you mentally, physically and socially active. Classes are interactive, easy to join, and offered day and night and free.

South Orange Maplewood Adult School

(973) 378-7620

17 Parker Avenue (in the high school)

Maplewood, NJ 07040

schoolinfo@somadultschool.org

www.somadultschool.org

Offers a wide variety of classes as well as day trips.

RECREATION: FITNESS, CLUBS, SENIOR ACTIVITIES

Library Programming

Both the Maplewood and South Orange Libraries offer adult programming. View the calendar on their websites or call for more information.

Maplewood

(973) 762-1688

www.maplewoodlibrary.org/events-library-events-calendar

South Orange

(973) 762-0230

www.sopl.org/events/

Friends of the Library

The Friends of the Library support the library through events, programs and fundraising.

Maplewood

(973) 762-4136

Friends@maplewoodlibrary.org

<https://www.maplewoodlibrary.org/friends>

South Orange

(973) 762-0230

friends@sopl.org

www.sopl.org/friends-of-sopl/

RECREATION: FITNESS, CLUBS, SENIOR ACTIVITIES

Maplewood Garden Club

www.maplewoodgardenclub.org

Since 1927, the Maplewood Garden Club has been a hands-on garden club, open to the people of Maplewood, NJ and the surrounding communities. Meetings are held September through May at The Woodland in Maplewood at 7:30 p.m. and are open to the public.

The Ethical Culture Society of Essex County

(973) 763-1905

516 Prospect Street

Maplewood, NJ 07040

ecsec.nj@gmail.com

www.essexethical.org

Has a variety of programs, speakers and events.

Volunteer Opportunities

You can apply to volunteer in Maplewood at:

www.maplewoodnj.gov/residents/i-want-to/apply-to-volunteer.

South Orange lists opportunities here:

www.southorange.org/374/Volunteering

For a list of other local volunteer opportunities, call (973) 558-0863 or go to:

www.SOMATwoTownsforAllAges.org/volunteering

FOOD AND NUTRITION

Supplemental Nutritional Assistance Program (SNAP)

New Jersey's Supplemental Nutrition Assistance Program, NJ SNAP, provides a benefits card that is accepted in most food retail stores and some farmers markets. Eligibility is set by several factors such as income and resources. To see if you qualify and to apply visit [the website](#) or call the Essex County Department of Citizen Services at (973) 395-8000.

“Meals on Wheels” Programs

Chrill Care

(973) 744-0473
201 Bloomfield Ave.
Verona, NJ 07044
services@chrill.org
chrill.org/

The JCC MetroWest Kosher Meals on Wheels

(973) 530-3504
jbramnck@jccmetrowest.org
jccmetrowest.org/
Qualification required

Food Pantries

Food Pantry at Our Lady of Sorrows

(973) 370-0458
217 Prospect Street
South Orange
Food distributed curbside on 4th Street on the 2nd and 4th Saturdays of most months
8:00 AM to 10:00 AM
OLSPantry@gmail.com
olschurch.com/foodpantry/

FOOD AND NUTRITION

Food Pantries (continued)

Food Pantry at St. Joseph's Church

(973) 462-1595

245 Hilton Avenue, Maplewood

Food distributed on the third Saturday of the month from 10 AM to 11AM, or by appointment

dgposwego1983@hotmail.com

The Bobrow Kosher Food Pantry of Oheb Shalom

(973) 762-7067

170 Scotland Road, South Orange

Food distributed twice a month on select Wednesdays from 6 PM to 8 PM and select Sundays from 9 AM to 12:30 PM

All food distributed is non-perishable and Kosher.

info@ohebshalom.org

www.ohebshalom.org/social-action

Little Food Pantry at the South Orange Elks

(973) 762-9848

220 Prospect Street, South Orange

Located outside the Club along the driveway. Take or donate food 24/7.

bdfixit@comcast.net

Reveal 2 Heal Food Pantry

(856) 259-3924

Parking Lot on May Terrace behind 2115 Millburn Ave
1st and 3rd Saturdays of the month from 9 AM to 2 PM

www.revealtohealconsultingfamilies.org

Maplewood Community Fridge

Springfield Avenue & Indiana Street

Take or donate food 24/7

CONGREGATE MEAL PROGRAMS

Essex County

(973) 395-8375

Essex County offers congregate meals in several locations during the week for a suggested donation of \$3. Transportation can be provided through the Essex County special transportation service.

The JCC MetroWest Drop-in Senior Lunch Program

(973) 530-3504

Leon and Toby Cooperman JCC

760 Northfield Avenue

West Orange, NJ 07052

jbramnick@jccmetrowest.org

jccmetrowest.org/

Lunch served Monday, Tuesday, and Thursday from 12-1 PM. Reservations are required.

Chrill Care

(973) 744-0473

201 Bloomfield Ave.

Verona, NJ 07044

services@chrill.org

chrill.org/

Congregate nutrition centers program provides nutritious meals in a communal setting to participants 60 years of age and older and their spouses regardless of age. Sites are located throughout Essex County.

HOUSING

Winchester Gardens

(973) 275-8099

333 Elmwood Ave.

Maplewood , NJ 07040

<https://winchestergardens.com/>

A gated retirement community that includes a maintenance-free residence, dining, wellness programs, recreational, social and cultural activities, and lifetime access to a continuum of care.

Local Senior Apartments

Village Apartments of the JCHC

(973) 763-0999

110 Vose Ave

South Orange, NJ 07079

CherylK@jchcorp.org

<https://jchcorp.org/village-apartments-south-orange-nj/>

B'nai B'rith Federation Home

(973) 761-4602

219 S Orange Ave

South Orange, NJ 07079

<https://jchcorp.org/affordable-housing/>

Offers federally assisted housing

Maplewood Senior Apartments

(973) 763-4322

564 Irvington Ave

Maplewood, NJ 07040

maplewoodsrs@shpmanagement.com

shpmanagement.com/property/maplewood-senior-citizens/

Offers federally assisted housing

HOUSING

Local Senior Apartments (continued)

Nora Gardens

(908) 686-9100

1775 Burnet Ave

Union, NJ 07083

manager@noragardens.prd.net

<https://prd.net/residences/nora-gardens/>

Offers federally assisted housing

Senior Housing Services

New Jersey Housing Resource Center (NJHRC)

(877) 428-8844

<https://nj.gov/nihrc/>

The NJHRC is a FREE, online searchable registry of affordable and accessible housing units throughout the State of New Jersey, including affordable rentals, houses for sale, and housing with accessibility features.

NJ Housing Counseling Program

800-NJHOUSE

<https://nj.gov/dca/hmfa/>

The NJ Housing and Mortgage Finance Agency (NJHMFA) advances the quality of life for residents throughout New Jersey by investing in, financing, and facilitating access to affordable rental housing and homeownership opportunities for low and moderate-income families, older adults, and individuals with specialized housing needs.

HOUSING

Senior Housing Services (continued)

US Department of Housing and Urban Development (HUD)

(973) 622-7900

Newark Field Office

One Newark Center

1085 Raymond Boulevard, 13th Floor

Newark, NJ 07102-5260

NJ_Webmanager@hud.gov

[https://www.hud.gov/topics/information for senior citizens](https://www.hud.gov/topics/information_for_senior_citizens)

Roommate Finder

HomeSharing, Inc.

120 Finderne Avenue

Bridgewater, NJ 08807

(908) 526-4663

Info@homesharing.org

<https://homesharing.org/>

Matches those seeking housing with available rooms.

TRANSPORTATION

The **South Orange Senior Bus** runs within South Orange on Mondays, Wednesdays and Fridays from 10am to 3pm. Every 2 weeks there is a drop-off to the West Orange Shop Rite. Call the South Orange Parking Authority at **(973) 378-7715, x2035** to schedule a ride.

The **Maplewood Senior Bus** is a "Dial-a-Ride" door-to-door service within Maplewood that runs from 9:30 AM to 1:30 PM on weekdays. Schedule a ride one business day in advance by calling the Maplewood Senior Center at **(973) 763-0750**.

Commuter Jitneys are available for all South Orange and Maplewood residents. The jitneys offer morning and evening routes to and from the train stations, from approximately 6:00 to 9:00 AM and 5:00 to 9:00 PM. Consult the towns' websites for schedules and fees.

The **Essex County Special Transportation System** provides senior citizens and handicapped residents with free, safe transportation to and from their medical appointments within Essex County. Call **973-737-7200** for more information, to register for the service, or to schedule a ride at least 48 hours in advance.

NJ Transit Access Link is a "shared-ride" system for people with disabilities who are unable to use the regular bus. It is available during the same days and hours, and fares are comparable. Your ride qualifies for Access Link service if your pick-up and drop-off points are within 3/4 mile of an eligible bus route, and if you have preregistered by meeting the medical requirements. Call **973-491-4224, Option 1** for more information and to get approved or visit www.njtransit.com/accessibility/access-link-ada-paratransit for more information.

TRANSPORTATION

On Time Ambulance provides transportation for stretcher, wheelchair bound, and ambulatory patients. Services are covered by several insurance programs including Medicaid and Medicare. Call **908-298-9500** or visit www.ontimetransport.com

Bell Medical Transport is a private, local company that provides caring medical transportation 24 hours a day, 7 days a week, 365 days a year. They offer Emergency and Non-emergency Ambulance Transport, a Wheelchair Van, and rides to Special Events. Call **973-313-0221** for details.

Life Ride offers door-to-door Wheelchair Accessible rides On Demand. Certified drivers will pick you up from inside your home, chair lift you into the car, drive you to your destination, and assist you through the door. Call **(551) 225-0080** or visit ride.life to request a ride.

EzRide, in partnership with Lyft and Uber, offers on demand transportation throughout NJ for adults 18 years or older. Call **201-939-4242, ext. 4** from 8am to 8pm Monday-Friday and Saturday from 8am to 5pm to request a ride. No advance reservations are needed. Members pay the fares charged by the ride service along with a \$2.50 administrative fee. For more information visit <https://ezride.org/transportation/senior-transportation/>

Black Crown Taxi provides flat rate and discounted rides for South Orange and Maplewood residents age 65 and older. Fares are \$5 within South Orange, \$8 within Maplewood, and \$10 between towns. They also offer a 25% discount for any ride outside Maplewood/South Orange. Call **(862) 224-2751** to schedule.

TRANSPORTATION

GoGoGrandparent Seniors can order rides, groceries, prescription medications, meals, home chores and more by calling **(855) 464-6872**.

Nan's Neighbors is a personal transportation and concierge service for the adult community and their families. Call **917-721-1277**, email lisa@nansneighbors.com or visit nansneighbors.com

FINANCIAL ASSISTANCE

Property Tax Relief

NJ Division of Taxation

(609) 826-4400 or (800) 323-4400

www.state.nj.us/treasury/taxation/relief.shtml

Several property tax deductions and credits are available for qualifying homeowners and tenants who pay property taxes on a principal residence in New Jersey.

Property Tax Reimbursement aka “Senior Freeze”

(800) 882-6597

<https://www.state.nj.us/treasury/taxation/ptr/index.shtml>

This program “freezes” your property taxes to the level of the year you become eligible. You must still pay your current property taxes, but will be refunded the difference between your current level and the baseline year level by the state. Eligibility requirements include:

- You are 65 or older or receive federal SS disability benefits.
- You have lived in New Jersey continuously for at least the last 10 years
- You have owned and lived in your current home for at least the last 3 years.
- You have fully paid the property taxes due on your home.

The program also has income eligibility requirements, which change every year and are decided in June. The filing deadline is usually in October.

FINANCIAL ASSISTANCE

Property Tax Relief (continued)

Property Tax Deduction by Veteran or Surviving Spouse/Domestic Partner

<https://www.state.nj.us/treasury/taxation/lpt/lpt-veterans.shtml>

This program gives a \$250 deduction for qualified war veterans or surviving, unremarried spouses/domestic partners. To qualify, the veteran must have had active war time service in the US Armed Forces and been honorably discharged, own the property, and be a citizen and legal resident of New Jersey. Claim forms may be filed with the municipal tax assessor.

“Real Property Tax Deduction” for Senior Citizens

www.state.nj.us/treasury/taxation/lpt/lptseniordeduction.shtml

If you are age 65 or older or disabled and have been a New Jersey resident for at least one year, you may be eligible for an annual \$250 property tax deduction. You may also qualify if you are a surviving spouse or civil union partner. Requirements vary each year; the maximum income allowed to qualify is relatively low.

Affordable NJ Communities for Homeowners & Renters

This program, known as ANCHOR, provides property tax relief to New Jersey residents who own or rent their principal residence (main home) and meet the gross income limits. (\$250,000 for homeowners and \$150,000 for renters). Call **(877) 658-2972** or visit

www.state.nj.us/treasury/taxation/anchor/index.shtml

for current program information.

FINANCIAL ASSISTANCE

Utilities

Comfort Partners Program

(800) 915-8309

<https://njcleanenergy.com/residential/programs/comfort-partners/comfort-partners>

The NJ Comfort Partners Program is designed to improve energy affordability for income -eligible households through installation of free, energy efficiency measures and education.

Life Line Credit Program

(800) 792-9745

www.state.nj.us/humanservices/doas/home/lifeline/detail.html

Life Line Credit provides an annual credit on gas and electric bills for eligible NJ residents.

LIHEAP/USF

(800) 510-3102

<https://www.nj.gov/dca/divisions/dhcr/offices/energy.html>

The State of New Jersey's Low Income Home Energy Assistance Program and Universal Service Fund help low income households with heating and certain medically-necessary cooling expenses. Applications are accepted between October 1 and April 30.

NJ SHARES

(866) 657-4273

www.njshares.org

NJ Statewide Heating Assistance and Referral for Emergency Services (SHARES) provides assistance to people in need of temporary help in paying energy, water and other bills

FINANCIAL ASSISTANCE

Utilities (continued)

PAGE

(732) 982-8710

<https://njpoweron.org/page/>

Payment Assistance for Gas and Electric (PAGE) is a state funded utility assistance program that helps low to moderate income families in NJ pay their utility bills.

Universal Service Fund (USF)

(800) 510-3102

www.nj.gov/dca/divisions/dhcr/offices/usf.html

USF helps low-income households lower their energy bills.

Winter Termination Program

211 or (877) 652-1148

fidel.ekhelar@dca.nj.gov

www.nj.gov/dca/dhcr/offices/wintertermination.shtml

This program protects customers from having their gas or electric shut off between November 15 and March 15. Eligibility includes those enrolled in specific programs, including SSI, USF and Lifeline, and people unable to pay because of an illness.

FINANCIAL ASSISTANCE

Home Repairs

Essex County Home Improvement Program

(973) 655-0200

This county-sponsored program offers deferred loans to low-and moderate-income homeowners in the county for improvements such as heating systems, roofing, plumbing, electrical, code violation abatement and more.

Maplewood Affordable Housing Program (MAHP)

(609) 664-2760 x29

hip.cgph.net/maplewood-township-home-improvement-program/

Eligible Maplewood residents can receive a zero-interest, 10 year forgivable loan through Community Grants, Planning and Housing (CGP&H) to be used for certain home repairs including roofing, heating and electrical systems, plumbing and weatherization.

LEGAL ASSISTANCE

AHIO

(973) 370-0907
5 Central Avenue
Newark, NJ 07102

www.ahiolaw.org

AHIO provides support and advocacy for immigrants and victims of crime and abuse for people of all nations.

Caring Info

(800) 658-8898
caringinfo@nhpco.org
www.caringinfo.org

Caring Info provides free resources to educate and empower patients and caregivers to make decisions about serious illness and end-of-life care and services. Caring Info's goal is that all people are making informed decisions about their care.

Disability Rights New Jersey

(800) 922-7233
<https://disabilityrightsnj.org/>

210 South Broad Street
Trenton, NJ 08608
New Jersey's designated Protection and Advocacy agency under federal law.

Legal Services of NJ Hotline

(888) 576-5529
www.lsnj.org/StatewideHotline.aspx

The LSNJLAW Hotline provides legal advice, information, and referrals in civil legal matters to low-income New Jersey residents over the phone.

LEGAL ASSISTANCE

NJ Long-Term Care Ombudsman

(877) 582-6955

ombudsman@ltco.nj.gov

www.nj.gov/ooie/

P.O. Box 852

Trenton, NJ 08625-0852

NJLTCO is an independent advocate for individuals receiving long-term care. Representatives of the Office work with individual residents to help them address challenges they face.

Office of the Public Guardian for the Elderly

(609) 588-6500

www.state.nj.us/humanservices/doas/services/pg/

P.O. Box 812

Trenton, NJ 08625-0812

OPG acts as an appointed surrogate decision maker for residents sixty (60) years of age and over who have been deemed incapacitated by the Superior Court of New Jersey.

Community Health Law Project

(973) 680-5599

650 Bloomfield Avenue

Bloomfield, NJ 07003

<http://www.chlp.org/>

CHLP provides legal and advocacy services to residents with disabilities, consumers of mental health services, and visual impairments. CHLP provides legal representation and advocacy services to low-income individuals with disabilities and the frail elderly.

LEGAL ASSISTANCE

Essex County Legal Aid Association

(973) 622-0063

<https://eclaanj.org/>

ECLAA provides free legal and/or representation on civil law matters to qualified low-income Essex County residents.

Essex County Surrogate Office

(973) 621-4908

<https://essexsurrogate.com/>

Room 206, Hall of Records

465 MLK Blvd.

Newark, NJ 07102

The Essex County Surrogate's Court responsibilities include validating Wills, appointing administrators for those who die without Wills, and reviewing and assisting with the documentation surrounding adoption and adult guardianship.

MEDICAL FACILITIES

Hospitals

Cooperman Barnabas Medical Center

(973) 322-5000

94 Old Short Hills Road

Livingston, NJ 07039

www.rwjbh.org/cooperman-barnabas-medical-center/

Fast Track: (973) 322-5180

Open daily from 7:00 am-12:00 midnight

Overlook Medical Center

(908) 522-2000

99 Beauvoir Avenue

Summit, NJ 07901

www.atlantichealth.org/locations/hospitals/overlook-medical-center.html

Morristown Medical Center

(973) 971-5000

100 Madison Ave

Morristown, NJ 07960

www.atlantichealth.org/locations/hospitals/morristown-medical-center.html

Newark Beth Israel Medical Center

(973) 926-7000

201 Lyons Ave

Newark, NJ 07112

www.rwjbh.org/newark-beth-israel-medical-center/

University Hospital

(973) 972-4300

150 Bergen Street

Newark, NJ 07103

www.uhnj.org/

MEDICAL FACILITIES

Hospitals (continued)

Clara Maass Medical Center

(973) 450-2000

1 Clara Maass Drive

Belleville, NJ 07109

www.rwjbh.org/clara-maass-medical-center/

Atlantic Health System Senior Services

www.atlantichealth.org/conditions-treatments/senior-services.html

Health Centers

Zufall Community Health Centers

(973) 328-9100

info@zufallhealth.org

www.zufallhealth.org

Zufall offers a full range of health services for people with or without health insurance. For locations and services, contact them directly.

Newark Community Health Centers

(800) 994 -NCHC (6242)

www.nchcfghc.org

Newark Community Health Centers has several sites in Newark, East Orange, Irvington and Orange that provide the full array of adult medical services, including discounted prescription drugs through the 340B program. As a federally qualified health center, no patient shall be denied service due to an individual's inability to pay.

HEALTH INSURANCE

Medicare

(800) 633-4227

www.Medicare.gov

NJ Medicaid

(800) 701-0710

www.state.nj.us/humanservices/dmahs/clients/medicaid/

State Health Insurance Assistance Program (SHIP)* Counseling

(800) 792-8820 (NJ Office)

(973) 637-1717 (Essex County SHP Counselor)

www.state.nj.us/humanservices/doas/services/ship

SHIP provides free help to New Jersey Medicare beneficiaries who have problems with or questions about their health insurance. SHIP is a statewide program administered by the New Jersey Department of Human Services.

Senior Medicare Patrol of New Jersey

(877) 767-4359

seniormedicarepatrolnj.org/

Assists Medicare beneficiaries, their families and caregivers in preventing, detecting, and reporting health care fraud, errors, and abuse.

HOME CARE SERVICES

Chrill Care

(973) 744-8103

210 Bloomfield Ave.

Verona, NJ 07044

services@chrill.org

chrill.org/

Provides housekeeping, home health aide and other services.

Sage Eldercare

(908) 273-8400

290 Broad Street

Summit, NJ 07901

contactus@sageeldercare.org

sageeldercare.org/homecare/

ADULT DAY SERVICES

Essex County Respite Care Program

(973) 395-8375
465 MLK Boulevard
Newark, NJ 07102
spierce@seniors.essexcountynj.org

Birchwood Adult DCC

(973) 676-2600
115 Evergreen Place
East Orange, NJ 07018

Belleville Adult Medical Day Care

(973) 751-6000
518 Washington Avenue
Belleville, NJ 07109
contactus@bellevilleseniorhealthservices.com
www.bellevilleseniorhealthservices.com/about-us/

Littman Memory Center/JCC Metrowest

(973) 530-3491
760 Northfield Avenue
West Orange, NJ 07052
bschechter@jccmetrowest.org
jccmetrowest.org/programs/adult-enrichment/

SAGE Eldercare

(908) 598-5520
290 Broad Street
Summit, NJ 07901
contactus@sageeldercare.org
sageeldercare.org/spad/

HOSPICE

Atlantic Health Hospice

(973) 379-8472

465 South Street, Suite 100B

Morristown, NJ 07960

www.atlantichealth.org/conditions-treatments/visiting-nurse/hospice.html

Cooperman Barnabas Medical Center

(973) 322-5000

95 Old Short Hills Rd.

West Orange, NJ 07039

www.rwjbh.org/treatment-care/palliative-care/

Hospice of New Jersey

(973) 893-0818

400 Broadacres Drive, 1st Floor

Bloomfield, NJ 07003

info@HospiceofNewJersey.com

www.hospiceofnewjersey.com/

CAREGIVER SUPPORT

Morrow Church Caregivers Group

(973) 763-7676

600 Ridgewood Road, Maplewood

caregivers@morrowchurch.org

morrowchurch.org/caregivers/

This support group meets virtually on Tuesdays from 9:30 to 11:00 am. Newcomers and drop-ins welcome. You do not need to be a member of the church to join.

United Way Caregivers Coalition

973.993.1160, x305

Robin.Ennis@UnitedWayNNJ.org

caregiversupport.unitedwaynnj.org/

The United Way offers several resources for caregivers, including virtual programs, videos, guides, and a list of Essex County support services.

PRESCRIPTION ASSISTANCE

Pharmaceutical Assistance to the Aged and Disabled (800) 792-9745

www.state.nj.us/humanservices/doas/services/paad/

The Pharmaceutical Assistance to the Aged and Disabled (**PAAD**) program is a state-funded program that helps eligible seniors and individuals with disabilities save money on their prescription drug costs. You may be eligible for **PAAD** if you:

- You are a New Jersey resident;
- You are age 65 or older or between ages 18 and 64 and receiving Social Security Title II Disability benefits;
- Your income for 2023 is less than \$42,142 if single or less than \$49,209 if married;
- You are enrolled in a Medicare Part D Prescription Drug Plan.

NeedyMeds

(800) 503-6897

www.needymeds.org/

NeedyMeds is a 501(c)(3) national non-profit that connects people to programs that will help them afford their medications.

Assistance from Pharmaceutical Companies

Many pharmaceutical companies offer assistance to patients who cannot afford their prescription drugs. If you need help paying for your prescriptions, talk to your doctor or contact the companies' patient assistance programs.

PRESCRIPTION DISPOSAL

Drop It In The Box

www.essexadapt.org

Family Connections' ADAPT Coalition's *Drop It In The Box* program allows residents to safely dispose of their expired and/or unused prescription and over-the-counter medications. Drop-off boxes are available 24 hours a day, 7 days a week at the Maplewood & South Orange Police Departments:

South Orange Police Department

201 South Orange Ave

Maplewood Police Department

1618 Springfield Avenue

DENTAL CARE

Rutgers School of Dental Medicine

(973) 972-4242

110 Bergen Street

Newark, NJ 07103

www.sdm.rutgers.edu/patients/njds.htm

Zufall Health Community Health Center

(973) 325-2266

95 Northfield Avenue, Suite 2

West Orange, NJ 07052

www.zufallhealth.org/for-patients/locations/#westorange

NJDA Senior Dent Program

The NJDA Senior-Dent Program improves Senior Citizen access to dental care in New Jersey. A participating dentist must offer an eligible patient a minimum courtesy reduction of 15% from the standard fee charged on all dental services. The patient must have a PAAD card which ensures his/her eligibility into the program. Call (800) 792-8820 for more information on the PAAD program.

MENTAL HEALTH

988 Suicide & Crisis Lifeline

Dial or text 988 to be connected to free and confidential emotional support and crisis counseling. These services are available 24 hours a day, seven days a week, across the United States.

Family Service League

(973) 746-0800

Our team of counseling professionals works with families, couples and individuals to creatively encourage them to consider and then implement solutions that will improve their emotional lives and their relationships with others.

Jewish Family Services of MetroWest

(973) 740-1233

570 W. Mt. Pleasant Ave, Suite 106

Livingston, NJ 07039

info@jfsmetrowest.org

www.jfsmetrowest.org/older-adults/

JFS offer counseling, support groups and other services to help you with your needs.

NJ Mental Health Cares

(866) 202-HELP (4357)

TTY: (877) 294-4356

www.njmentalhealthcares.org

NJ Mental Health Cares is NJ's mental health and referral service that connects people to inpatient and outpatient services, rehabilitation services and more.

MENTAL HEALTH

NJ Self-Help Group Clearinghouse

(800) 367-6274

www.njgroups.org/

The Clearinghouse helps people find and form all types of self-help support groups.

Rutgers University Behavioral Healthcare

800-969-5300

24 Hour Hotline (973) 623-2323

183 South Orange Avenue

Newark NJ 07101

<https://ubhc.rutgers.edu/>

Rutgers University Behavioral Health Care (UBHC) offers the broadest range of services in New Jersey. We have many special programs for all age groups and types of problems.

RWJBarnabas Health Behavioral Health Network

800-300-0628

www.rwjbh.org/treatment-care/senior-health/geriatric-behavioral-health-services/

RWJ Barnabas New Jersey facilities offer a complete range of inpatient and outpatient mental health services for geriatric patients.

SELF-HELP & SUPPORT GROUPS

NJ Self-Help Group Clearinghouse

(800) 367-6274

www.njgroups.org

Maintains information on thousands of local, no-fee support groups in NJ including many that address disabilities, illnesses and caregiving.

Adler Aphasia Center

(551) 287-2237

Temple B'nai Shalom

300 Pleasant Valley Way

West Orange, NJ 07052

sglaser@AdlerAphasiaCenter.org

www.adleraphasiacenter.org

Alcoholics Anonymous

(908) 687-8566

www.nnjaa.org

Alzheimer's NJ

(973) 586-4300

425 Eagle Rock Avenue, #203

Roseland, NJ 07068

info@alz nj.org

www.alz nj.org/

American Diabetes Association

(800) 342-2383

www.diabetes.org

American Heart Association

(609)208-0020

newjersey@heart.org

www.heart.org

SELF-HELP & SUPPORT GROUPS

American Parkinson Disease Association, NJ Chapter

(718) 981-8001

apda@apdaparkinson.org

www.apdaparkinson.org/community/new-jersey/

Arthritis Foundation

(800) 283-7800

www.Arthritis.org

National Multiple Sclerosis Society

(800) 344-4867

www.nationalmssociety.org

National Stroke Association

(888) 478-7653

www.stroke.org

Parkinson's Support Group

(973) 322-8195

Lauren.Norcross@rwjbh.org

www.rwjbh.org/events

Cooperman Barnabas Medical Center offers a free, virtual support group for patients and their caregivers.

LGBTQ SERVICES

CenterLink

(954) 765-6024

www.lgbtqcenters.org

Centerlink is an umbrella organization of LGBTQ centers across the country with a directory of centers nearby.

Garden State Equality

(973) 509-5428

hello@gardenstateequality.org

www.gardenstateequality.org/

Garden State Equality is the largest LGBTQ+ advocacy organization in New Jersey.

National Resource Center on LGBT Aging

(212) 741-2247

info@lgbtagingcenter.org

www.lgbtagingcenter.org/

The National Resource Center on LGBTQ+ Aging is the country's first and only technical assistance resource center focused on improving the quality of services and supports offered to lesbian, gay, bisexual and/or transgender older adults, their families and caregivers.

PFLAG - (NJ)

(908) 300-4227

74 Park Avenue

Glen Ridge, NJ 07028

www.pflagnj.org/

Parents, Families and Friends of Lesbians and Gays (PFLAG) promotes the health and well-being of gay, lesbian, bisexual and transgendered persons and their families through support, education and advocacy.

LGBTQ SERVICES

Rainbow Elders of New Jersey

(201) 963-4779

3000 John F. Kennedy Blvd, Suite 306

Jersey City, NJ 07306

gordon@hudsonpride.org

<https://www.hudsonpride.org/social-services/>

Rainbow Elders of New Jersey is a contact, information and support group whose mission is to improve the lives of LGBTQ+ older adults. We are in partnership with two organizations — The Hudson Pride Center in Jersey City and SAGE (www.sageusa.org), a national LGBTQ+ organization dedicated to supporting and advocating for LGBTQ+ older adults.

EMERGENCY ASSISTANCE

For a true emergency situation, in which there is a high probability of death or serious injury to an individual, or significant property loss, call **9-1-1**.

If you need help in a non-emergency situation, use the numbers below:

Police Departments

Maplewood (973) 762-3400

South Orange (973) 762-3300

South Essex Fire Department (MW & SO)

(973) 378-7751

Poison Control

(800) 222-1222

PREPARING FOR AN EMERGENCY

NJ Register Ready

Call NJ's toll-free service, 2-1-1

www.registerready.nj.gov

Register Ready allows New Jersey residents with disabilities or access and functional needs to provide information to emergency response agencies in case of a disaster or other emergency. The information collected is confidential and will only be used for emergency response and planning.

File of Life

www.thefileoflife.org/

In the event of an emergency the File of Life packet provides first responders with a written list of the patient's medical conditions, medications, allergies, healthcare providers and insurance. It can easily be transported with the patient to alleviate medical questions and uncertainty. This packet is free and can be obtained at your local Health Department.

Rapid SOS

www.emergencyprofile.org/

RapidSOS uses your cell phone to provide secure data to 911 and first responders, giving them the critical information they need to care for you in a medical emergency. You can register online via the website.

Operation Blue Angel

This free program gives emergency services quick access to a residence if the resident is unable to open the door. Participants receive a small, free combination-controlled lockbox to store a spare key. Interested residents 55 and older or with a medical condition that could leave them incapacitated should contact their local police departments.

DISABILITY ASSISTANCE

NJ Division of Disability Services

(888) 285-3036

nj.gov/humanservices/dds/home/

Information and referral (I&R) specialists are available to provide confidential assistance and to connect people with appropriate agencies and services

New Jersey Aging and Disability Resource Connection

(877) 222-3737

www.adrcnj.org/

The Aging and Disability Resource Connection offers information on long term services and supports. Seniors, other adults, and caregivers can easily find the benefits and services they need.

NJ Commission for the Blind and Visually Impaired

(973) 648-3333

153 Halsey St, 6th Floor

Newark, NJ 07101

askcbvi@dhs.nj.gov

www.state.nj.us/humanservices/cbvi/

CBVI's service programs are designed to enable consumers to achieve full inclusion and integration in society through success in employment, independent living, and social self-sufficiency.

NJ Division for the Deaf & Hard of Hearing

(800) 792-8339

(609) 588-2648

DDHH.communications2@dhs.state.nj.us

www.nj.gov/humanservices/ddhh/

The NJ Division of the Deaf and Hard of Hearing (DDHH) provides education, advocacy and direct services for the deaf or hard of hearing.

ADULT PROTECTIVE SERVICES

Adult Protective Services (APS) programs have been established in each county in New Jersey to receive and investigate reports of suspected abuse, neglect and exploitation of vulnerable adults. Within 72 hours of a referral's receipt, a private face-to-face meeting with the adult by a trained APS social worker is required, with appropriate interviews and resources to follow. If someone you know is 18 years of age or older, living in the community and is the subject of abuse, neglect and/or exploitation, contact:

Adult Protective Services Essex County

(866) 903-6287
441-443 Broad Street
Newark, NJ 07102

Safe Care Cam

(973) 504-6375 or (800) 242-5846

www.njconsumeraffairs.gov/SCC

The NJ Attorney General and the Division of Consumer Affairs offer this program to help residents who suspect their loved ones are being abused, mistreated, or neglected by unscrupulous home health care providers. The program offers free surveillance cameras, available for 30-day loans. For more information, call the Division of Consumer Affairs, follow voice prompts to the "Safe Care Cam" Program voicemail box and leave a message.

GOVERNMENT SERVICES

Maplewood

Maplewood Municipal Building/Town Hall

(973) 762-8120

574 Valley Street

www.maplewoodnj.gov/home

Department of Public Works

(973) 762-1175

359 Boyden Avenue

Police Department

(973) 762-3400

1618 Springfield Avenue

Maplewood Senior Center

(973) 763-0750

106 Burnett Avenue

Dehart Community Center

(973) 763-0750

120 Burnett Avenue

Older Adult Case Manager

(973) 986-4321

SOsocialWorker@southorange.org

Animal Control

Call the Police Department at (973) 762-3400

GOVERNMENT SERVICES

South Orange

Village Offices

(973) 378-7715

76 South Orange Avenue, Suite 302

Department of Recreation

(973) 378-7754

298 Walton Avenue (*while Baird Center at 5 Mead Street is being renovated*)

South Orange Parking Authority

(973) 378-7715

298 Walton Street

Department of Public Works

(973) 378-7741

300 Walton Ave

Police Department

(973) 762-3300

201 South Orange Avenue

Older Adult Case Manager

(973) 986-4321

SOsocialWorker@southorange.org

Animal Control

For non-emergency situations, call Animal Control Solutions at (908) 722-1271. For an emergency call the Police Department at (973) 763-3000.

GOVERNMENT SERVICES

Maplewood/South Orange Shared Services

Health Department

(973) 762-8120, x2006

HealthDepartment@maplewoodnj.gov

SOHealthDept@southorange.org

Older Adult Case Manager

(973) 986-4321

SOsocialWorker@southorange.org

SOMA Two Towns for All Ages

(973) 558-0863

SOMA2towns@gmail.com

www.SOMATwoTownsforAllAges.org

South Essex Fire Department

(973) 378-7751

52 Sloan Street

South Orange

GOVERNMENT SERVICES

Essex County

Essex County Division of Senior Services

(973) 395-8365

465 Dr Martin Luther King Jr Blvd, Room # 102

Newark, NJ 07102

<http://essexcountynj.org/senior-services/>

Essex County Clerk's Office

(973) 621-4920

465 MLK Boulevard

Newark, NJ 07102

info@clerk.essexcountynj.org

www.essexclerk.com

State of New Jersey

Conversation of Your Life (COYL)

(609) 452-5980

kbisaha@njhcqi.org

<https://www.njhcqi.org/coyl>

Conversation of Your Life (COYL) is a statewide program that is here to provide you with education and resources on how to share your wishes for care and what you need to know about picking a health care proxy.

Goals of Care Coalition of New Jersey

<https://goalsofcare.org/>

Through research, education and advocacy they help residents with serious illness and their caregivers by identifying unmet needs, increasing access to palliative care, addressing disparities, promoting equity.

GOVERNMENT SERVICES

State of New Jersey (continued)

NJ Division of Medical Assistance & Health Services

Personal Preference Program (PPP)

(609) 631-2481

P.O. Box 712

Trenton, NJ 08625

www.state.nj.us/humanservices/dmahs/clients/njppp.html

NJ Dept. Of Human Services Division of Aging Services

(800) 792-8820

P.O. Box 715

Trenton, NJ 08625-0715

NJ Office of the State Long-Term Care Ombudsman

(877) 582-6995

P.O. Box 852, 101 S. Broad St.

Trenton, NJ 08625-0852

ombudsman@ltco.nj.gov

www.nj.gov/ooie/

NJLTCO is an independent advocate for older individuals receiving long-term care. They work with individual residents to help them address challenges they face.

New Jersey Motor Vehicle Commission

(609) 292-6500

P.O. Box 160

Trenton, NJ 08666

www.state.nj.us/mvc/

NJ State Legislature, District 27

www.njleg.state.nj.us/districts/district-27

GOVERNMENT SERVICES

Federal Offices

Medicare

(800) 633-4227

www.medicare.gov/

Social Security

(800) 772-1213

www.ssa.gov/

Supplemental Security Income is a federal program for that provides a monthly stipend for the aged and people with disabilities. It is administered through the Social Security Administration and can be applied for through any Social Security office.

CONSUMER AFFAIRS & PROTECTION

Essex County Consumer Advocate

(973) 395-8360

mwilliams@communityaction.essexcountynj.org

NJ Office of Consumer Protection

(973) 504-6200

124 Halsey Street

Newark, NJ 07101

AskConsumerAffairs@dca.lps.state.nj.us

www.njconsumeraffairs.gov/ocp/

New Jersey Division of Consumer Affairs

(973) 504-6200 or (800) 242-5846

124 Halsey Street, Newark, NJ 07102

askconsumeraffairs@dca.lps.state.nj.us

www.njconsumeraffairs.gov/ocp/

VETERANS SERVICES

NJ Department of Military and Veteran Affairs

Benefit Hotline: (888) 865-8387

Veterans Crisis Line: Dial 988, Press 1

www.nj.gov/military/veterans

Essex/Union Veterans Service Office

(973) 297-3336

20 Washington Place, Room #431

Newark, NJ 07102

Edward.Puzio@dmava.nj.gov

U.S. Department of Veterans Affairs

(800) 827-1000

www.va.gov/

NJ VET to VET Helpline

(866) 838-7654

www.njvet2vet.com/

Veterans Hospital East Orange Campus

(973) 676-1000

Mental Health: x1421

385 Tremont Ave.

East Orange, NJ 07018

www.va.gov/new-jersey-health-care/locations/east-orange-va-medical-center/

Veterans Hospital Lyons Campus

(908) 647-0180

Mental Health: x1421

151 Knollcroft Road

Lyons, NJ 07939

www.va.gov/new-jersey-health-care/locations/lyons-va-medical-center/

VETERANS SERVICES

VA Nurse Helpline

1-833-835-3874

This call center is available 24 hours a day, 7 days a week, 365 days a year. For most common conditions and illnesses, VA registered nurses are available to assess your symptoms from the comfort of your home.

Bloomfield Vet Center

(973) 748-0980

2 Broad Street, Suite 703

Bloomfield, NJ 07003

<https://www.va.gov/bloomfield-vet-center/>

Veterans Housing

National Coalition of Homeless Veterans

1-877-424-3838

info@nchv.org

<https://nchv.org/>

Provides help for homeless Veterans nationwide.

Department of Housing and Urban Development Veteran Resource Center (HUDVET)

(800) 998-9999

Email: hudvet@hud.gov

www.hud.gov/hudvet

Provides housing for homeless, disabled and low-to-moderate income Veterans, and general home ownership assistance.

LOCATION GUIDE FOR SOUTH ORANGE

South Orange

The Baird Community Center

5 Mead St

(973) 378-7754

The Pierro Gallery

Inside the Baird

(973) 378-7833

South Orange Performing Arts Center (SOPAC)

1 SOPAC Way

(973) 313-2787

Parks

<https://southorange.org/Facilities>

Cameron Field: 5 Mead Street

Duck Pond & Skate House: Mead St

Floods Hill: N. Ridgewood Rd & Mead St

Farrell Field: Walton & Thornden

Founders Park: Valley St & Massel

Grove Park: S. Orange Ave & Grove Rd

Meadowlands Park: 5 Mead Street

Riverside Park: Third St.

Spiotta Park: S. Orange Ave & Kroll Plaza

Waterlands Park: Third St.

LOCATION GUIDE FOR MAPLEWOOD

Maplewood

Dehart Community Center

120 Burnett Ave.

(973) 763- 0750

The Burgdorff Cultural Center

10 Durand Rd.

(973) 763-9357

Durand Hedden House

523 Ridgewood Rd

(973) 763-7712

Maplewood Senior Center

106 Burnett Ave.

(973) 763- 0750

The Woodland

60 Woodland Rd

(973) 843-7157

1978 Maplewood Arts Center

1978 Springfield Ave.

(908) 899-1279

Parks

Borden Park: 67 Orchard Rd

DeHart Park: 120 Burnett Ave

Gazebo: 1688 Springfield Ave

Grasmere Park: 523 Ridgewood Rd

Maplecrest Park: 237 Oakland Rd

Memorial Park: 580 Valley St

Orchard Park: De Hart Rd

Ricalton Square: Maplewood Ave

LIBRARIES

South Orange Public Library

(973) 762-0230
65 Scotland Road
South Orange, NJ 07079
librarian@sopl.org
www.sopl.org/

Maplewood Main Library

Adult Services

129 Boyden Avenue
Maplewood, NJ 07040
(973) 762-1688
library@maplewoodlibrary.org
www.maplewoodlibrary.org
Temporary location while 51 Baker Street is undergoing reconstruction.

Maplewood Hilton Branch Library

Children & Teens Services

(973) 762-1688
1688 Springfield Ave.
Maplewood, NJ 07040
kids@maplewoodlibrary.org
teens@maplewoodlibrary.org
www.maplewoodlibrary.org

Talking Book & Braille Center (TBBC)

1-800-792-8322
tbcc@njstatelib.org
www.njstatelib.org/tbcc

South Orange Public Library offers TBBC services to patrons who have difficulty reading standard print or holding a book. An individual must apply for TBBC's services and have his/her eligibility certified.

PERFORMANCE THEATERS

South Orange Performing Arts Center (SOPAC)

(973) 313-2787

1 SOPAC Way

South Orange, NJ 07079

boxoffice@SOPACnow.org

www.sopacnow.org

The Burgdorff Center for the Performing Arts

(973) 843-7157

10 Durand Road

Maplewood, NJ 07040

www.maplewoodartsandculture.org/the-burgdorff

Paper Mill Playhouse

(973) 376-4343

22 Brookside Drive

Millburn, NJ 07041

BoxOffice@PaperMill.org

<https://papermill.org>

Mayo Performing Arts Center

(973) 539-8008

100 South Street

Morristown, NJ 07960

boxoffice@mayoarts.org

www.mayoarts.org

NJ Performing Arts Center (NJPAC)

(888) 696-5722

1 Center Street

Newark, NJ 07102

ticketsservices@njpac.org

www.njpac.org

PERFORMANCE THEATERS

Luna Stage

(973) 395-5551 Ext 10
555 Valley Road
West Orange, NJ 07052

info@lunastage.org

www.lunastage.org

Summit Playhouse

(908) 273-2192
10 New England Ave.
Summit, NJ 07901

summitplayhouseboxoffice@gmail.com

www.thesummitplayhouse.org

Wellmont Theater

(973) 783-9500
5 Seymour Street
Montclair, NJ 07042

info@thewellmont.com

<https://wellmonttheater.com>

Alexander Kasser Theater at Montclair State Univ.

(973) 655-5112
1 Normal Avenue
Montclair, NJ 07043

boxoffice@montclair.edu

www.peakperfs.org

Kean State at Kean University

(908) 737-7469
1000 Morris Avenue
Union, New Jersey 07083

ticket@kean.edu

<https://keanstage.com>

MOVIE THEATERS

The Village at SOPAC

(973) 327-4012

1 SOPAC Way

South Orange, NJ 07079

thevillage@cinemalab.com

<https://sopac.cinemalab.com>

AMC Dine-In Essex Green 9

(973) 731-6692

495 Prospect Avenue

West Orange, NJ 07052

www.amctheatres.com/movie-theatres/west-orange

AMC Mountainside 10

(908) 232-6587

1021 US-22

Mountainside, NJ 07092

www.amctheatres.com/movie-theatres/mountainside

Cranford Theater

(908) 588-2477

25 North Avenue West

Cranford, NJ 07016

www.cranfordtheater.com

MUSEUMS

Durand-Hedden House and Garden

523 Ridgewood Road
Maplewood, NJ 07040
info@durandhedden.org
www.durandhedden.org/

Montclair Art Museum

(973) 746-5555
3 South Mountain Avenue
Montclair, NJ 07042
communications@montclairartmuseum.org
www.montclairartmuseum.org

Morris Museum

(973) 971-3700
6 Normandy Heights Road
Morristown, NJ 07960
info@morrismuseum.org
<https://morrismuseum.org>

The Newark Museum of Art

(973) 596-6550
49 Washington Street
Newark, NJ 07102
info@newarkmuseumart.org
<https://newarkmuseumart.org>

Yogi Berra Museum

(973) 655-2378
On the campus of Montclair State University
8 Yogi Berra Drive
Little Falls, NJ 07424
yogimuseum@montclair.edu
<https://yogiberramuseum.org>

OUTDOOR ACTIVITIES

Essex County Parks

<https://essexcountyparks.org/>

- South Mountain Reservation
- Eagle Rock Reservation
- Branch Brook Park
- Verona Park
- and more...

South Mountain Recreation Complex

<https://essexcountyparks.org/south-mountain>

- Turtle Back Zoo
- Mini-golf
- Reservoir Walking Trail
- and more...

Cora Hartshorn Arboretum and Bird Sanctuary

(973) 376-3587

324 Forest Drive South

Short Hills, NJ 07078

info@hartshornarboretum.org

<https://hartshornarboretum.org>

Reeves-Reed Arboretum

(908) 273-8787

165 Hobart Avenue

Summit, NJ 07901

info@reeves-reedarboretum.org

<https://reeves-reedarboretum.org/>

HOUSES OF WORSHIP

Church of Jesus Christ of Latter Day Saints

1600 Springfield Ave.
Maplewood, NJ 07040
(973) 763-8777

Congregation Ahavath Zion

421 Boyden Ave.
Maplewood, NJ 07040
(973) 761-5444
www.ahavathzion.com/

Congregation Beth El

222 Irvington Ave.
South Orange, NJ 07079
(973) 763-0111
www.bethelnj.org/

Congregation Beth Ephraim

113 Parker Ave.
Maplewood, NJ 07040
(973) 762-5722
admin@maplewoodjewishcenter.org
www.maplewoodjewishcenter.org/

Episcopal Church of St. Andrew & Holy Communion

160 West South Orange Avenue
South Orange, NJ 07079
(973) 763-2355
SAHCoffice@gmail.com
<https://sahchurchnj.org/>

HOUSES OF WORSHIP

First Baptist Church of South Orange

103 Valley St
South Orange, NJ 07079
(973) 763-8593
info@fbcso.org
www.fbcso.org/

First Presbyterian & Trinity

111 Irvington Ave.
South Orange, NJ 07079
(973) 762-7879
FPTchurch@live.com
<https://firstandtrinitychurch.wordpress.com/>

Grace Church

527 Prospect Street
Maplewood, NJ 07040
(973) 762-8300
mail@gracemaplewood.com
<https://gracemaplewood.com/>

Kol Rina

60 Valley St.
South Orange, NJ
(855) 664-6926
KolRinaNJWelcome@gmail.com
www.kolrinanj.org

Maplewood Bible Chapel

127 Burnett Ave.
Maplewood, NJ 07040
(973) 761-6430
www.maplewoodbible.org

HOUSES OF WORSHIP

Morrow Memorial United Methodist

600 Ridgewood Rd.

Maplewood, NJ 07040

(973) 763-7676

opendoors@morrowchurch.org

www.morrowchurch.org

Oheb Shalom

170 Scotland Road,

South Orange, NJ 07079

(973) 762-7067

info@ohebshalom.org

www.ohebshalom.org/

Our Lady of Sorrows

217 Prospect Street

South Orange, NJ 07079

(973) 763-5454

www.olschurch.com/

Prospect Presbyterian Church

646 Prospect St.

Maplewood, NJ 07040

(973) 763-2090

office@prospectchurch.org

www.prospectchurch.org

South Orange Vailsburg United Methodist Church

150 S. Orange Ave

South Orange, NJ 07079

(973) 763-0655

sovumc@me.com

<https://thesovumc.wixsite.com/thesovumc>

HOUSES OF WORSHIP

St. George's Episcopal Church

550 Ridgewood Rd.

Maplewood, NJ 07040

(973) 762-1319

parish-office@stgeorges-maplewood.org

www.stgeorges-maplewood.org

St. Joseph Roman Catholic Church

767 Prospect St.

Maplewood, NJ 07040

(973) 761-5933

www.sjcmplewoodnj.org

Temple Sharey Tefilo-Israel

432 Scotland Rd.

South Orange, NJ 07079

(973) 763-4116

tstioffice@tstinj.org

<https://tsti.org/>

Ukrainian Orthodox Church of Holy Ascension

652 Irvington Ave.

Maplewood, NJ 07040

(973) 763-7644

www.uocofusa.org

Winners Chapel International NJ

238 Burnett Ave.

Maplewood, NJ 07040

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