

# Board of Health Presentation

April 2<sup>nd</sup>, 2024



**MAPLEWOOD**  
HEALTH DEPARTMENT



Maplewood received the Mayors Wellness Campaign “Healthy Town” designation for 2023



April 2<sup>nd</sup> (today) was our first Mobile Drug Drop Box with the  
Maplewood PD

**MAPLEWOOD  
MOBILE DRUG DISPOSAL**  
**DISCARD OF UNUSED OR EXPIRED MEDICATION  
SAFELY**  
INCLUDING VAPE PENS AND E-CIGARETTE DEVICES  
WITHOUT BATTERIES



**TUESDAY APRIL 2**  
**10AM-11:30AM**  
**ST. GEORGE'S  
EPISCOPAL CHURCH  
550 RIDGEWOOD ROAD**

**12PM-1:30PM**  
**MAPLEWOOD HILTON  
BRANCH LIBRARY  
1688 SPRINGFIELD  
AVENUE**



# Solar Eclipse Eye Safety

**Partial Eclipse (Wear Eclipse Glasses)**

**Total Eclipse (No Eclipse Glasses Needed)**

**Partial Eclipse (Wear Eclipse Glasses)**

**Not Safe**  
Do not wear ordinary or polarized sunglasses. They are not strong enough to protect your eyes.

**Safe**  
Use glasses specially designed for solar eclipse viewing to block the sun's harmful rays

**Not Safe**  
Do not use solar eclipse glasses to look through a camera, binoculars, or a telescope.

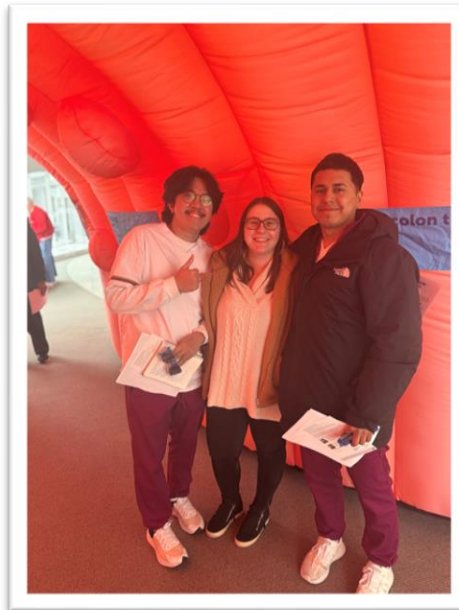
**Safe**  
Use only specially designed filters for lenses.

NASA “Total Solar Eclipse Safety”: <https://science.nasa.gov/eclipses/future-eclipses/eclipse-2024/safety/>

NASA’s website can help you find the times of the solar eclipse based on your zip code: <https://science.nasa.gov/eclipses/future-eclipses/eclipse-2024/where-when/>”

# March was Colorectal Cancer Awareness Month

**Colorectal cancer is the #1 cause of cancer death for men under 50 and #2 for women under 50**



[quiz.getscreened.org](http://quiz.getscreened.org)



# Animal Control Update



Applications are  
still open  
with a \$7 late fee

NOW AVAILABLE



# 2024 Dog & Cat Licenses

**\$15 FOR NEUTERED/SPAYED PETS**  
**\$18 FOR NON-FIXED PETS**  
A \$7 LATE FEE WILL BE APPLIED  
AFTER 1/31/24



ACCORDING TO TOWN ORDINANCE  
113-7: LICENSES SHALL BE REQUIRED  
FOR ALL DOGS/CATS OF LICENSING  
AGE



<https://tinyurl.com/ysth3pr>



**QUESTIONS?**  
Call 973-762-8120 ext 2006



**MAPLEWOOD**  
HEALTH DEPARTMENT

Use this QR code or  
link to register now





## Maplewood Township Dog and Leash Ordinance

**Maplewood Police Department has received complaints regarding dogs off leashes & would like to remind all residents that MPD will be strictly enforcing the issue moving forward.**

### Leashing of Dogs:

*Per Maplewood T.O. 113-12(F): All dog owners must control their dogs with an adequate leash not more than six feet long. This applies to all of Maplewood Township INCLUDING all parks. Additionally, no dog, leashed or unleashed, shall be permitted to enter upon any basketball, tennis or paddle tennis courts within the Township of Maplewood.*

**Any person found in violation shall be subject to a fine as follows:**

- (1) First offense: \$50.
- (2) Second offense: \$100.
- (3) Any subsequent offense: an amount not to exceed \$500.

*\*FRIENDLY REMINDER TO PLEASE CLEAN UP AFTER YOUR PETS AS WELL\**



**All Township Ordinances regarding pets may be viewed at:  
<https://www.ecode360.com/9419650t>**







# BLOOMFIELD ANIMAL SHELTER/ANIMAL CONTROL



## MONTHLY REPORT

Month & Year: MARCH 2024

City: MAPLEWOOD

### 1. ACO PATROL ACTIVITIES IN THE FIELD

**Total # of Animal Control Calls**

**11**

**Total Domestic**

**1**

**Total Sick/Injured Wildlife**

**10**

**Total Bite Investigations**

**0**

**Total # of After-Hours Calls**

**0**



# Environmental Health



# Environmental Health-March

- Restaurant inspections:11
  - Pre-operation inspections: 1
  - Re-inspections:4
  - Mobile Food Trucks: 0
- School inspections: 0
- Daycare inspections: 0
- Camps: 0
- Kennels: 0
- Complaints: 42
- NOVs: 12
- Summonses: 2



# RECALL NOTICE

## Stonewall Kitchen Issues Allergy Alert for Wheat in Limited Quantity of Gluten Free Cinnamon Sugar Doughnut Mix



Stonewall Kitchen of York, Maine is voluntarily recalling a limited amount of their Gluten Free Cinnamon Sugar Doughnut Mix because it may contain an **undeclared allergen, wheat**. People who have an allergy or severe sensitivity to wheat (which contains gluten) may risk serious allergic reaction if they consume this product from impacted lots listed below.

Potential affected products include the following details:

Enjoy By Date: 03-09-2025 & 03-10-2025 (located on bottom of the box)

UPC: 711381313329

Item #: 553429

Packed in rectangular cardboard box

Consumers should contact Stonewall Kitchen Premier Guest Services by email at [guestservices@stonewallkitchen.com](mailto:guestservices@stonewallkitchen.com) or by phone at **800-826-1735**, Monday-Friday: 8:00am to 5:00pm EST. for refund instructions and to request further information.



# RECALL NOTICE

## Fossil Group Recalls Bracelet Sold with Skechers Jewelry Gift Sets Due to High Levels of Lead and Cadmium



This recall involves the braided black bracelet that is a part of the Skechers watch/bracelet gift set. The bracelet is black and features a braided pattern with a metal clasp on each end. The watch in the gift set has a code number "IF2812307" printed on the back of the watch as well as "Skechers" and model number "SR3082." The clasp on the braided black bracelet contains high levels of lead and cadmium. Lead and cadmium are toxic and can cause adverse health effects in children.

These were sold at Skechers stores nationwide and online at Amazon.com, Watchstation.com and Skechers.com from August 2023 through January 2024 for about \$45.

There have been no reported incidents or injuries at this time.

Consumers should immediately stop using the recalled bracelet in the gift set, dispose of it in the trash and contact the website or store where purchased for a full refund of the gift set's purchase price



# Nursing Update



## Nursing Report- March

Reportable Disease Investigated: 8

Initial Immunization Audits: 2

Immunization Re-audits: 4



# Communicable and Infectious Disease Update



# CDC Measles Advisory

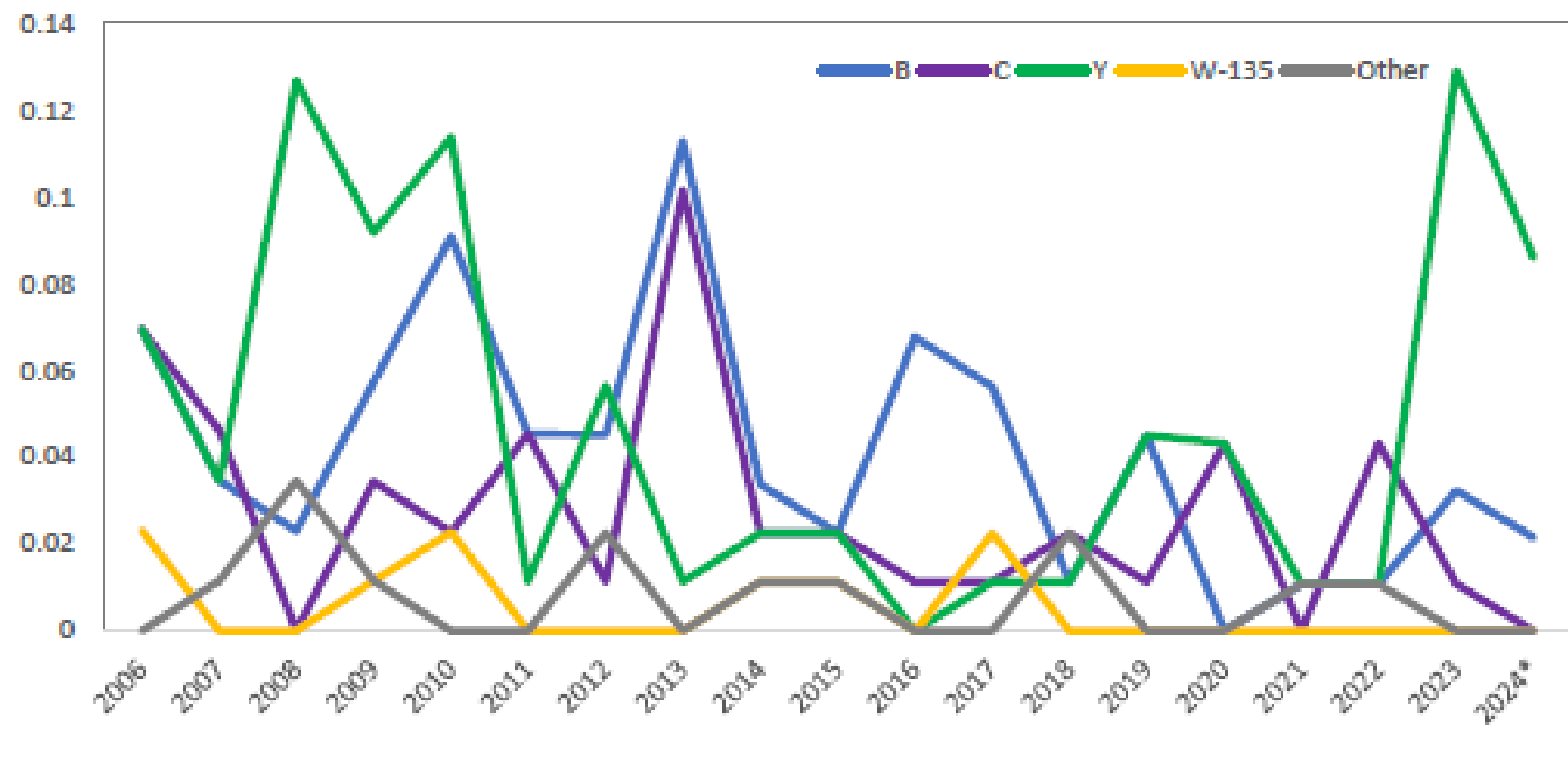
- On March 18, 2024 CDC issued a health advisory to inform clinicians and public health officials of an increase in global and U.S. measles cases
- From January 1 to March 21, 2024, a total of 64 measles cases have been reported by 17 U.S jurisdictions
- Most cases reported in 2024 have been among children aged 12 months and older who had not received the MMR vaccine
- To prevent measles infection and reduce the risk of community transmission, all U.S residents traveling internationally, regardless of destination, should be current on their MMR vaccinations
  - Even if not traveling, ensure that children receive all recommended doses of MMR vaccine



# Increase in Invasive Meningococcal Disease

- Cases of meningococcal disease in the United States have increased sharply since 2021 and now exceed pre-pandemic levels
  - United States: 415 confirmed and probable meningococcal disease cases in 2023. This is the largest number of US meningococcal disease cases since 2014
  - NJ: 17 total confirmed meningococcal disease cases in 2023, including 2 deaths. This is the largest number of NJ meningococcal cases since 2013
- As of March 27, a total of 10 cases have been reported in NJ for 2024, including 3 deaths
  - Serogroups included: 8 Y cases, 2 B Cases
- Most of the increase in meningococcal disease is driven by *N.meningitidis* serogroup Y
- People disproportionately affected by the increase in meningococcal disease include:
  - Black people between the ages of 30 and 60 years
  - Adults with HIV infection
- **The best way to prevent meningococcal disease is to get vaccinated**

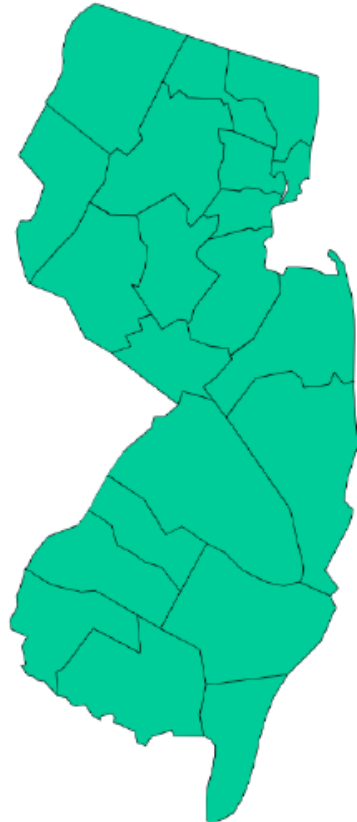
### Trends in Meningococcal Disease Incidence by Serogroup - New Jersey, 2006-2024\*



# COVID-19 update March 23<sup>rd</sup>, 2024

## 1. COVID-19 Hospitalizations

This report summarizes surveillance information for COVID-19, RSV, and other non-influenza viral respiratory illnesses. For information on influenza, please refer to the [weekly Influenza Surveillance Reports](#).



[CDC COVID-19 hospital admission levels](#) are a primary surveillance indicator to monitor COVID-19 activity. The number of new COVID-19 hospital admissions for every 100,000 persons in the past week is used to classify county risk levels as low, medium, or high as follows:

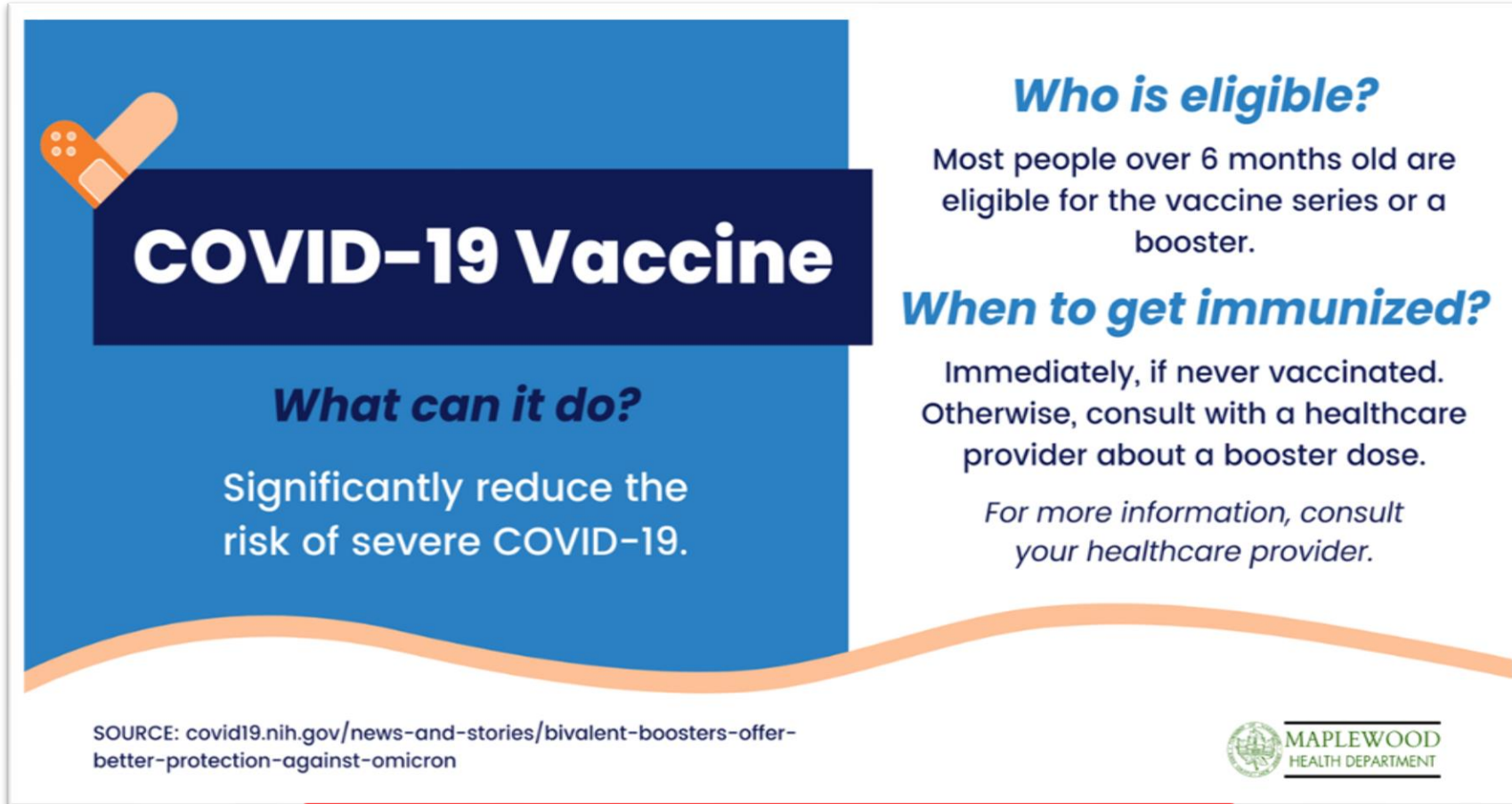
New COVID-19 Hospital Admissions per 100,000 population	
Low	<10
Medium	10.0 – 19.9
High	≥ 20.0

In addition to new hospital admissions, the percentage of inpatient beds and ICU beds occupied by COVID-19 patients are important metrics for monitoring COVID-19 activity. Table 1 includes current values for these metrics and a comparison from the previous week.

Many individuals have immunity against COVID-19 due to vaccination and/or prior infection. Immunity, in addition to treatments, have greatly reduced the risk of severe outcomes from COVID-19. In the meantime, immunocompromised individuals and persons with certain underlying health conditions continue to be at higher risk for severe illness. [CDC's respiratory virus guidance](#) provides recommendations to help lower risks posed by a range of respiratory viral illness, including COVID-19 and RSV.



# 2023-2024 COVID-19 Vaccine Guidance



The infographic features a blue background with a white bandage icon in the top left corner. A dark blue banner contains the text 'COVID-19 Vaccine'. Below this, the text 'What can it do?' is followed by 'Significantly reduce the risk of severe COVID-19.' To the right, under the heading 'Who is eligible?', it states 'Most people over 6 months old are eligible for the vaccine series or a booster.' Below that, under 'When to get immunized?', it says 'Immediately, if never vaccinated. Otherwise, consult with a healthcare provider about a booster dose.' A note at the bottom right reads 'For more information, consult your healthcare provider.' The source is cited at the bottom left, and the Maplewood Health Department logo is at the bottom right.

**COVID-19 Vaccine**

**What can it do?**

Significantly reduce the risk of severe COVID-19.

**Who is eligible?**


Most people over 6 months old are eligible for the vaccine series or a booster.

**When to get immunized?**

Immediately, if never vaccinated. Otherwise, consult with a healthcare provider about a booster dose.

*For more information, consult your healthcare provider.*

SOURCE: [covid19.nih.gov/news-and-stories/bivalent-boosters-offer-better-protection-against-omicron](https://www.covid19.nih.gov/news-and-stories/bivalent-boosters-offer-better-protection-against-omicron)

 **MAPLEWOOD**  
HEALTH DEPARTMENT

To locate a 2023-2024 COVID-19 vaccine near you visit:

<https://www.vaccines.gov/>

# Health Department test kits available to South Orange and Maplewood Residents



**FREE**  
**AT HOME COVID TESTS**  
**MAPLEWOOD MUNICIPAL BUILDING**  
**574 VALLEY ST**  
**MAPLEWOOD, NJ**  
**MONDAY-FRIDAY 9AM-4:30PM**

OPEN TO MAPLEWOOD AND SOUTH ORANGE RESIDENTS

Questions?  
Contact the Maplewood Health Department at:

 **973-762-8120 x2006**  **HealthDepartment@maplewoodnj.gov**

 **MAPLEWOOD HEALTH DEPARTMENT**



# CDC COVID-19 Isolation Guidance Update

- On **March 1, 2024** the CDC released new COVID-19 guidance stating Americans who test positive for the coronavirus no longer need to routinely stay home from work and school for five days under new guidance
  - NJDOH is reviewing the new CDC guidance
- The agency is loosening its COVID-19 isolation recommendations for the first time since 2021 to reflect the changing landscape of covid-19 four years after the virus emerged. Although coronavirus infections are continuing at levels similar to years past, **new infections are now causing less severe illness and far fewer hospitalizations or deaths,** CDC data show.



# Flu and RSV Vaccine Update

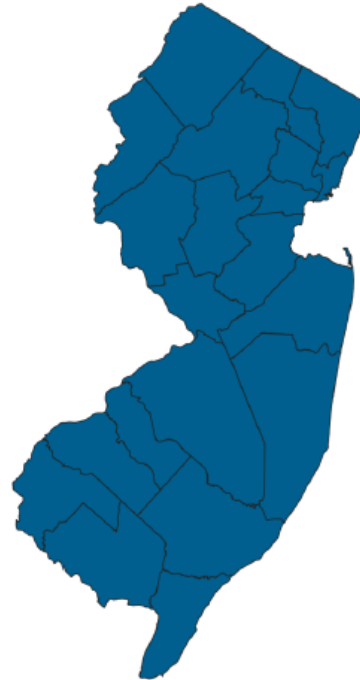


# Influenza Transmission March 23<sup>rd</sup>, 2024

## 1. Current Influenza Activity Level

This report summarizes surveillance information for influenza illnesses reported to the New Jersey Department of Health (NJDOH) Communicable Disease Service. As per regulation, influenza is a laboratory reportable condition but it is not possible to count every case that occurs since some individuals will not seek medical care or may never get tested. Surveillance is conducted year round and this report is published from October to May. The [Morbidity and Mortality Weekly Report \(MMWR\) week](#) is the time frame used by the Centers for Disease Control and Prevention (CDC) for disease reporting and activity Levels are defined in the table on page 7 of this report. **Counts displayed below are the cumulative totals reported for the season beginning with MMWR week 40, week ending October 7, 2023.**

State Activity Level	
HIGH	
Regional Data	
<b>Northwest</b> Morris, Passaic, Sussex, Warren	HIGH
<b>Northeast</b> Bergen, Essex, Hudson	HIGH
<b>Central West</b> Hunterdon, Mercer, Somerset	HIGH
<b>Central East</b> Middlesex, Monmouth, Ocean, Union	HIGH
<b>Southwest</b> Burlington, Camden, Gloucester, Salem	HIGH
<b>Southeast</b> Atlantic, Cape May, Cumberland	HIGH



**74,668**  
Cases reported (PCR & Rapid)

**167**  
Total Outbreaks

**2**  
Pediatric flu deaths (confirmed)





# Social Services/ Mental Health



# NJ Summer EBT is here!

## GET \$120 FOR GROCERIES WITH HELP FROM NJ SUMMER EBT.

This summer, NJ will send \$120 in Summer EBT benefits per eligible child to help lower income families buy food at participating retailers.

Your child must be eligible for free school lunch to get Summer EBT.

Don't miss out on this valuable benefit.

If you haven't already, submit a school meal application

by **APRIL 19th 2024**

and contact your child's school to make sure your mailing address is correct.

For more info, go to [NJ.gov/SummerEBT](https://NJ.gov/SummerEBT).





# Universal Home Visiting

Family Connects NJ is a **free, voluntary program** offering a visit at home by specially trained nurses for any family caring for a newborn baby. The program is available to all New Jersey families.

During the critical first weeks following childbirth, Family Connects NJ provides families with a private visit at home by a specially trained nurse. Program nurses will check the baby's weight, assess physical and emotional health of both newborn and parents. Family Connects NJ nurses also provide information on important topics like feeding, sleeping, and community resources available, if needed.

## How to Enroll

Families can learn more information and request a nurse visit by visiting the Family Connects NJ website. For families who would rather enroll by phone, the website also includes phone numbers for local Family Connects NJ nurse providers in your home county.

To learn more and sign-up,  
visit [FamilyConnectsNJ.org](https://FamilyConnectsNJ.org)  
or scan the QR code.



## Program Highlights

- ✓ Care is provided at **no cost to you**, in the comfort of the family home, and is completely voluntary.
- ✓ Services are available to **birth, adoptive, and resource families** with a newborn, as well as parents experiencing a stillbirth or loss of their newborn.
- ✓ Nurse visits are initially open to residents of Essex, Middlesex, Mercer, Cumberland, and Gloucester Counties starting in January 2024.\*
- ✓ **Specially-trained registered nurses** evaluate health, screen for potential complications, answer questions, and address any unexpected changes families are experiencing during the first two weeks after delivery.
- ✓ Nurses will connect families to **community resources** based on their specific circumstances.

\*While the program will initially be limited to select counties, it will gradually expand service to additional NJ counties.



## 4 Ways to get Naloxone

1. Narcan Training through Essex County on April 25<sup>th</sup>. To register, email [cdegrazia@dchs.essexcountynj.org](mailto:cdegrazia@dchs.essexcountynj.org) or see next slides for flyer
2. Recurring Naloxone Trainings through Rutgers. To register, email [PreventOverdose@rwjms.Rutgers.edu](mailto:PreventOverdose@rwjms.Rutgers.edu) or see next slides for flyer
3. You can request some from the New Jersey Harm Reduction Coalition at <https://njharmreduction.org/get-naloxone/>
4. You can request free Narcan from Stop & Shop in South Orange (only while supplies are available)



# VIRTUAL NARCAN TRAINING



MAXIMUM OF 25  
PARTICIPANTS

**APRIL 25, 2024**  
**11:00 AM**

LEARN HOW TO  
RECOGNIZE AND  
RESPOND TO AN OPIOID  
OVERDOSE AND RECEIVE  
A FREE NARCAN KIT



**REGISTER TODAY:**

Colette DeGrazia

[cdegrazia@dchs.essexcountynj.org](mailto:cdegrazia@dchs.essexcountynj.org)



RUTGERS

**ADAPT**

Alcohol and Drug Abuse Prevention Team





Division of Addiction Psychiatry  
732-235-4341 Fax: 732-235-4277  
<http://rwjms.rutgers.edu/addiction>

Robert Wood Johnson  
Medical School

## PREVENT OPIOID OVERDOSE, SAVE LIVES

### In case of overdose, use naloxone

Rutgers Robert Wood Johnson Medical School and The Division of Mental Health and Addiction Services have partnered together to offer this **FREE** activity and service.

### FREE TRAINING AND NALOXONE NASAL SPRAY KITS

We offer free public trainings six times per month. Attendees who are 18 years of age and older, who reside, attend school, or work in New Jersey will receive a Narcan kit.

- First Monday of each month at 1:30 PM
- First Friday of each month at 12:30 PM
- Second Thursday of each month at 11:00 AM
- Second Wednesday of each month at 5:00 PM
- Last Monday of each month at 12:30 PM
- Last Tuesday of each month at 12:30 PM



\*\*\*Registration is required\*\*\*

**FREE TRAINING** via Zoom and **NALOXONE NASAL SPRAY KITS SHIPPED**

**To register** or if you have questions, please contact:

**Rutgers-Robert Wood Johnson Medical School  
Division of Addiction Psychiatry**

**732-235-4341**

**[PreventOverdose@rwjms.Rutgers.edu](mailto:PreventOverdose@rwjms.Rutgers.edu)**

*Funded by the New Jersey Division of Mental Health and Addictions Services*



You can dispose of unused or expired medication safely at the  
Maplewood Police Department 24/7



# DISPOSE OF UNUSED OR EXPIRED MEDICATION SAFELY

**THE MAPLEWOOD POLICE DEPARTMENT  
HAS A PERMANENT DRUG DROP BOX  
AVAILABLE IN THEIR LOBBY 24/7  
1681 SPRINGFIELD AVE.**



**Any  
personal  
information  
from labels  
should be  
removed**

**SAVE OUR STREAMS AND RIVERS:  
Please do not throw medication in the sink  
or toilet**



# MAKE THE RIGHT CALL

**Emergency**

**911**

- Fire
- Severe injury or medical problem
- Criminal Activity
- Life threatening situation

**Mental Health Crisis**

**988**

- Suicidal thoughts
- Emotional Distress
- Concern for a friend or family member

**Social Services**

**211**

- Food
- Housing
- Utility Assistance
- Healthcare services
- Transportation
- Legal services
- Counseling & Support

**Poison Control**

**800-222-1222**

Poison exposure from:

- Medications
- Household Cleaners
- Plants
- Bites/Stings
- Lead
- Pesticides
- Recreational Drugs

AVAILABLE 24 HOURS A DAY, 7 DAYS A WEEK.



**MAPLEWOOD**  
HEALTH DEPARTMENT






Maplewood Health Department

# Medical Equipment Loaner Program

Wheelchairs, Walkers, Crutches,  
Canes, Shower Chairs, Commodes



To pick up what you need or to  
make a donation:

 **973-762-8120, x2006**

 **HealthDepartment@maplewoodnj.gov**

 Or stop by:  
Maplewood Health Department  
574 Valley Street  
9AM to 4:30 PM Monday through Friday



**We can longer accept donations  
of shower chairs or commodes  
at this time due to capacity.**

**If a resident has one they would  
like to donate, we suggest  
posting them to a Facebook  
Community Group or reaching  
out to local centers such as  
Winchester Gardens**

