

Board of Health Presentation

June 5, 2024



MAPLEWOOD
HEALTH DEPARTMENT



Extreme Heat Resources

Heat Hub NJ

What is Extreme Heat?

Chill Out NJ

Extreme Heat Resilience Action Plan

Extreme Heat and Vulnerable Populations

Behavioral Consequences of Extreme Heat

More ▾

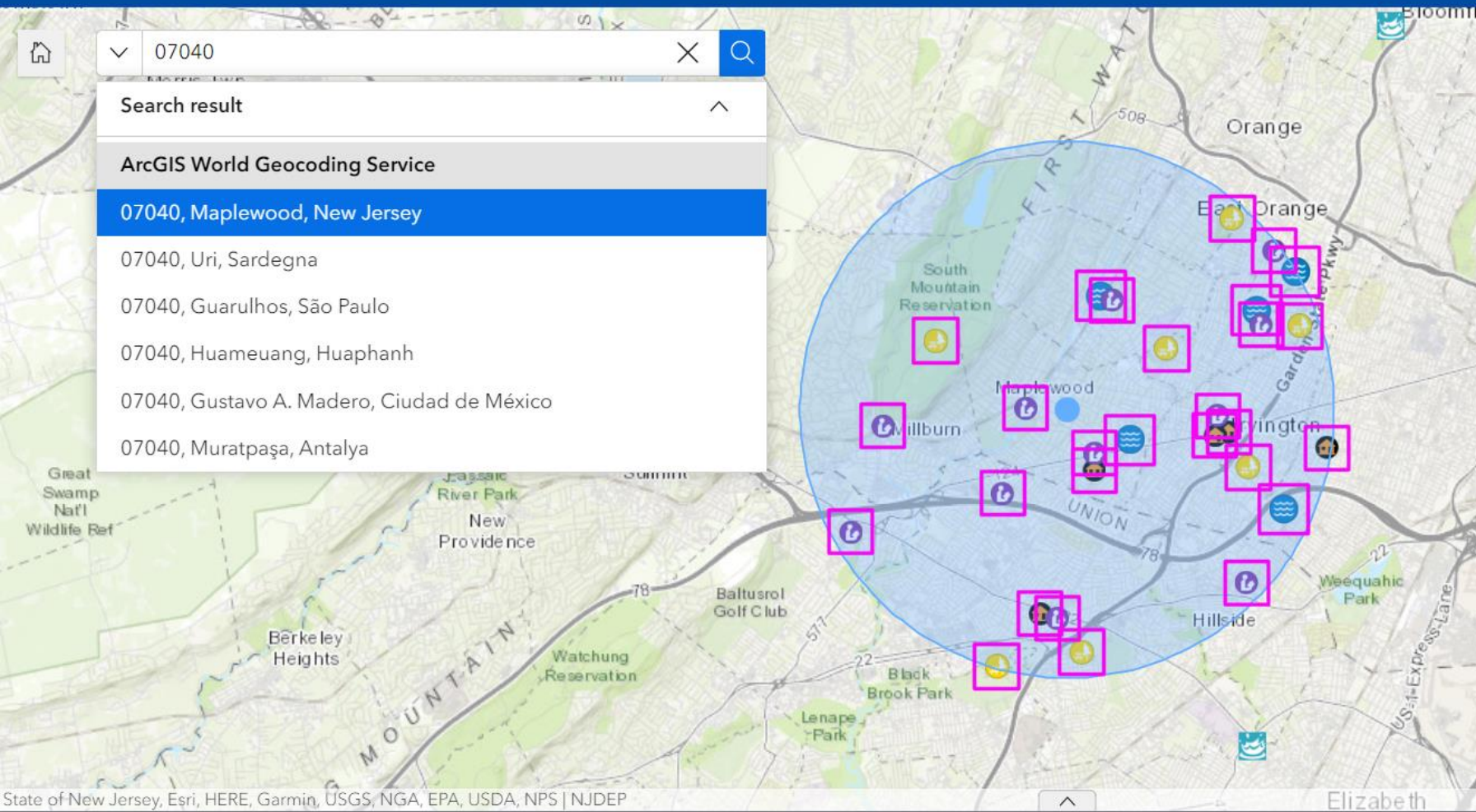


About Heat Hub NJ

<https://heat-hub-new-jersey-njdep.hub.arcgis.com/>



Chill Out NJ



Location



3 Miles

Input location

588-598 Prospect St, Maplewood, New Jersey, 07040

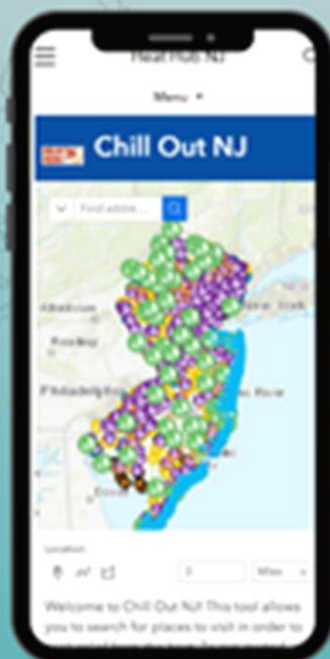
Libraries	Distance
MAPLEWOOD MEMORIAL LIBRARY	0.46 mi
HILTON BRANCH	0.58 mi
VAUXHALL BRANCH LIBRARY	1.19 mi
SOUTH ORANGE PUBLIC LIBRARY	1.33 mi
IRVINGTON PUBLIC LIBRARY	1.69 mi
MILLBURN FREE PUBLIC LIBRARY	2.07 mi
UNION FREE PUBLIC LIBRARY	2.34 mi
VAILSBURG BRANCH	2.37 mi
SPRINGFIELD FREE PUBLIC LIBRARY	2.79 mi
HILLSIDE FREE PUBLIC LIBRARY	2.79 mi

bit.ly/chilloutnj

HEAT HUB NJ

Find places in NJ
to stay cool on
hot days

Check out our new
Chill Out NJ app!



State Parks



Swimming Pools



County Parks



Swimming
Beaches



Spraygrounds &
Splash Pads



Senior Centers



bit.ly/chilloutnj



Libraries

Brought to you by: The New Jersey Interagency Council on Climate Resilience

HEAT HUB NJ

Encuentre
lugares en NJ
para mantenerse
fresco en los **días
calurosos**

¡Visita nuestra nueva
aplicación Chill Out NJ!



Parques
Estatales



Piscinas



Parques del
Condado



Playas
Para Nadar



Áreas de Roclado y
Salpicaduras



Centros Para
Adultos Mayores



bit.ly/chilloutnj



Bibliotecas

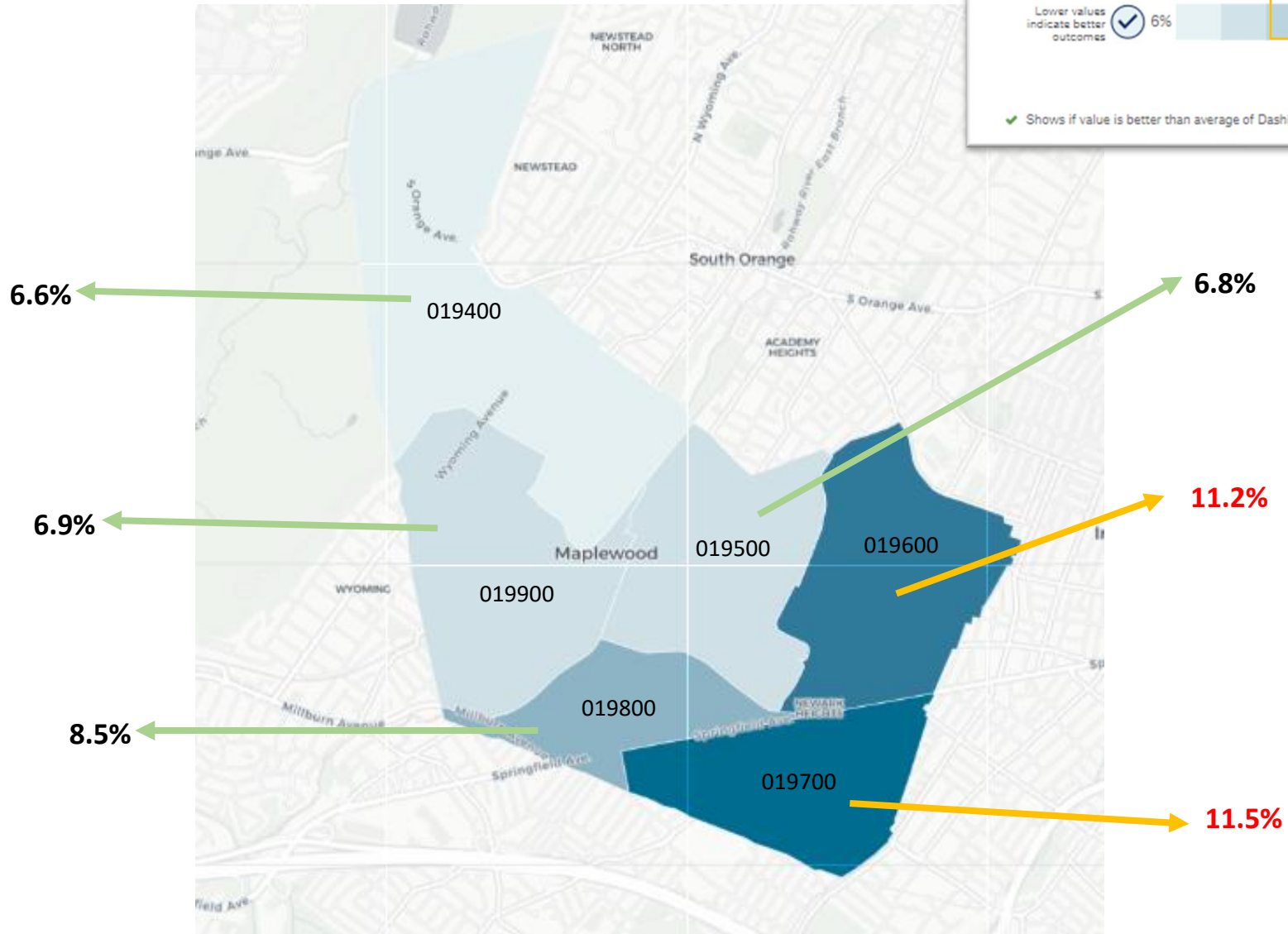
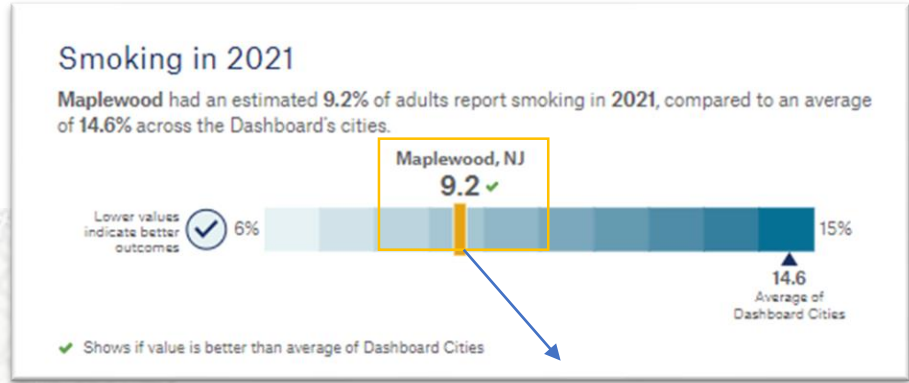
Presentado por:

El Grupo de Consejo Interinstitucional de Resiliencia Climática de Nueva Jersey.

Community Health Dashboard Data

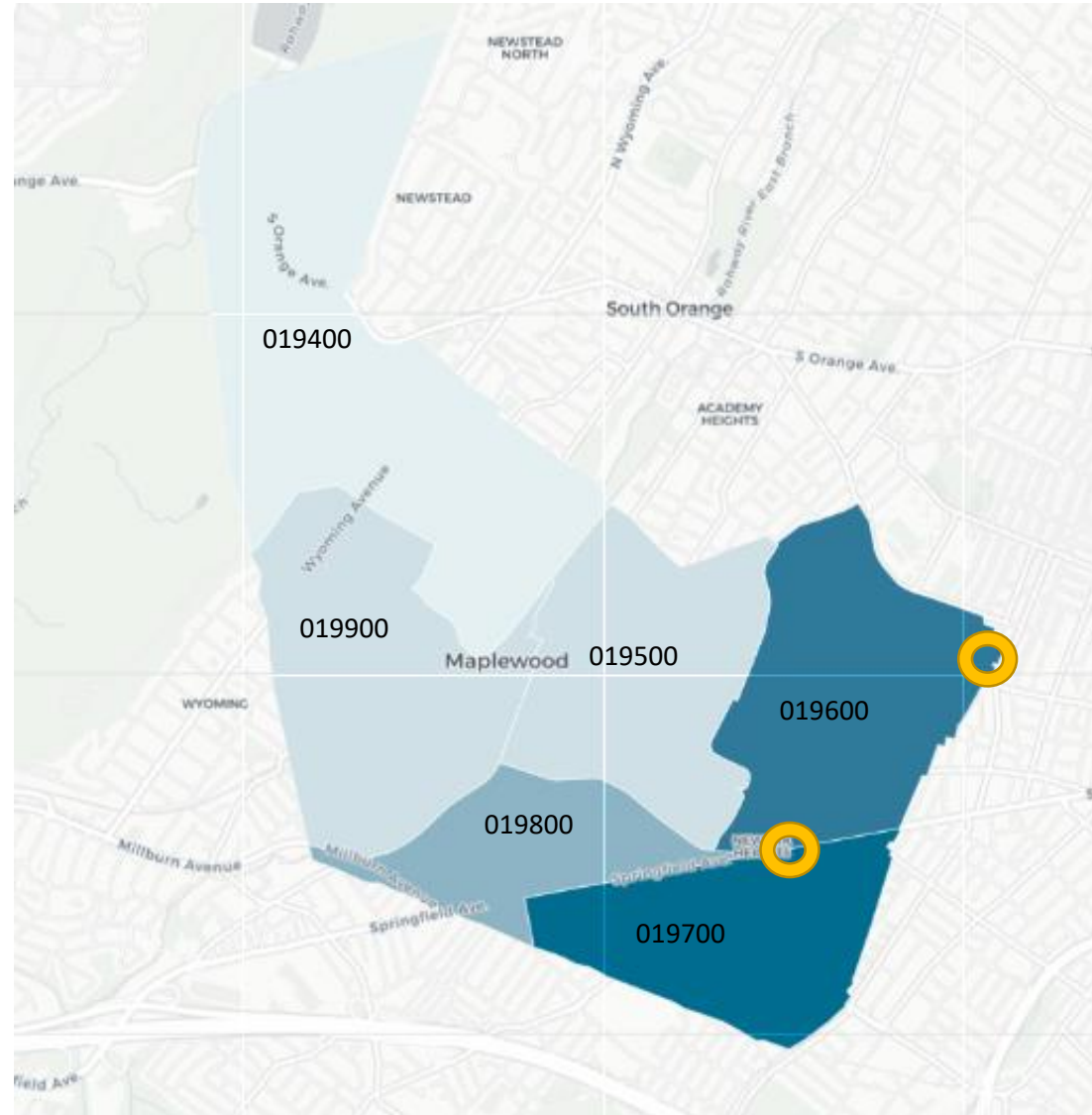


Smoking



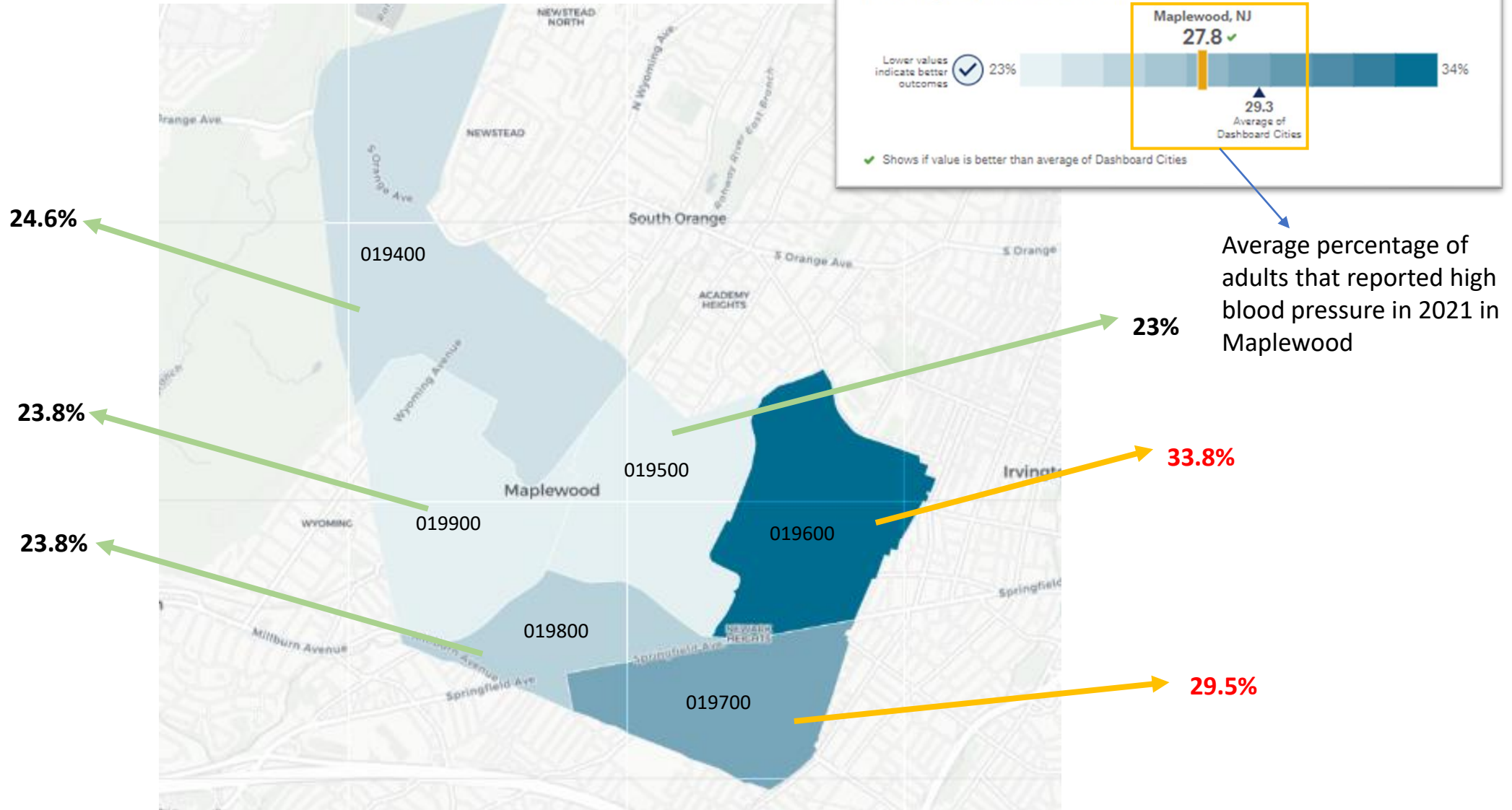
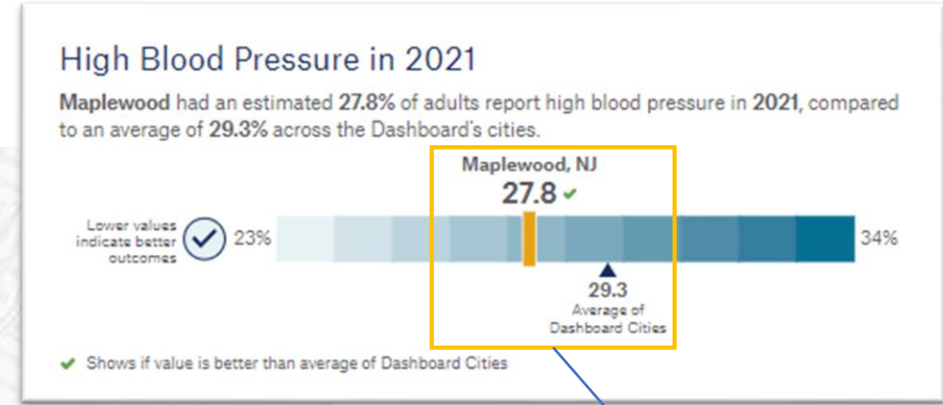
Average percentage of adults that reported smoking in 2021 in Maplewood

Smoking Interventions



○ = Vape Shop

High Blood Pressure



Diabetes

Diabetes in Maplewood, NJ

Source: City Health Dashboard; Data from PLACES Project, Centers for Disease Control, 2021

Lower values indicate better outcomes



6%



8.6

10

Maplewood had an estimated 8.6% of adults report having diabetes in 2021, compared to an average of 10% across the Dashboard's cities.

City or census tract value

Dashboard-City Average

Present when value is better than Dashboard-City Average

Better Outcomes

6.7%

019400

6.5%

Maplewood 019500

6.3%

019600

11.4%

019900

7.4%

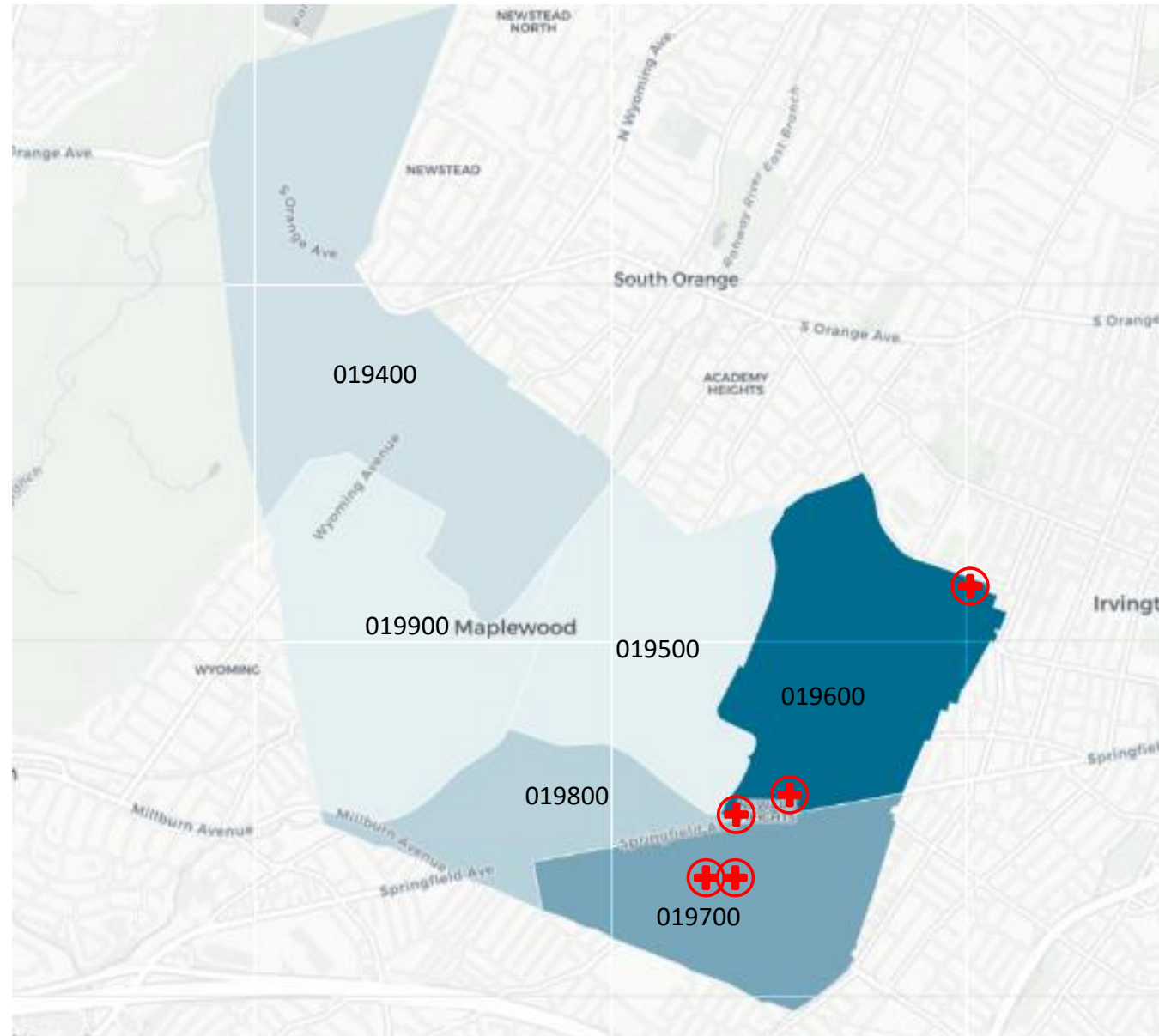
019800


9.6%

019700

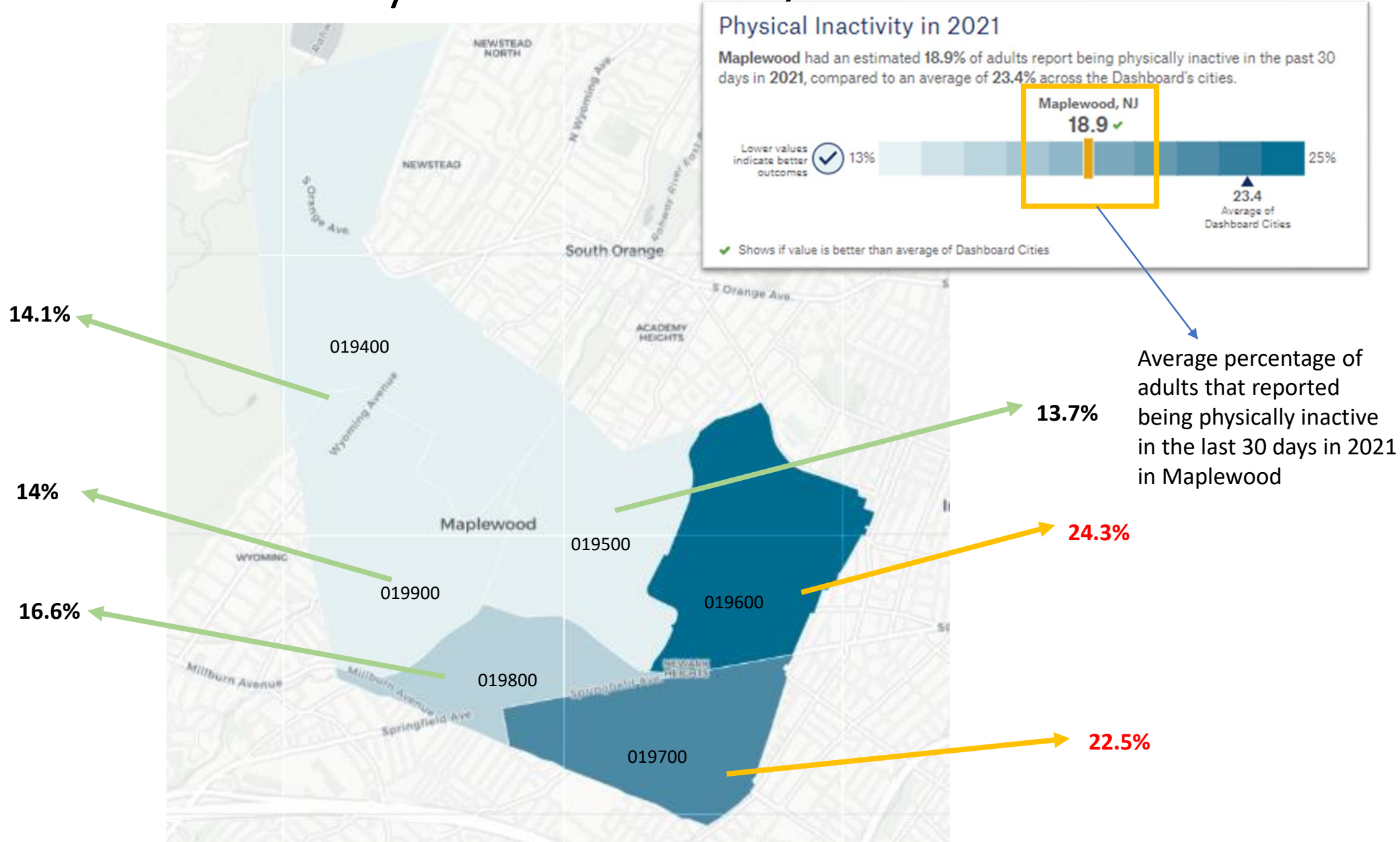
Average percentage of adults that reported having Diabetes in 2021 in Maplewood

Diabetes & High Blood Pressure Intervention

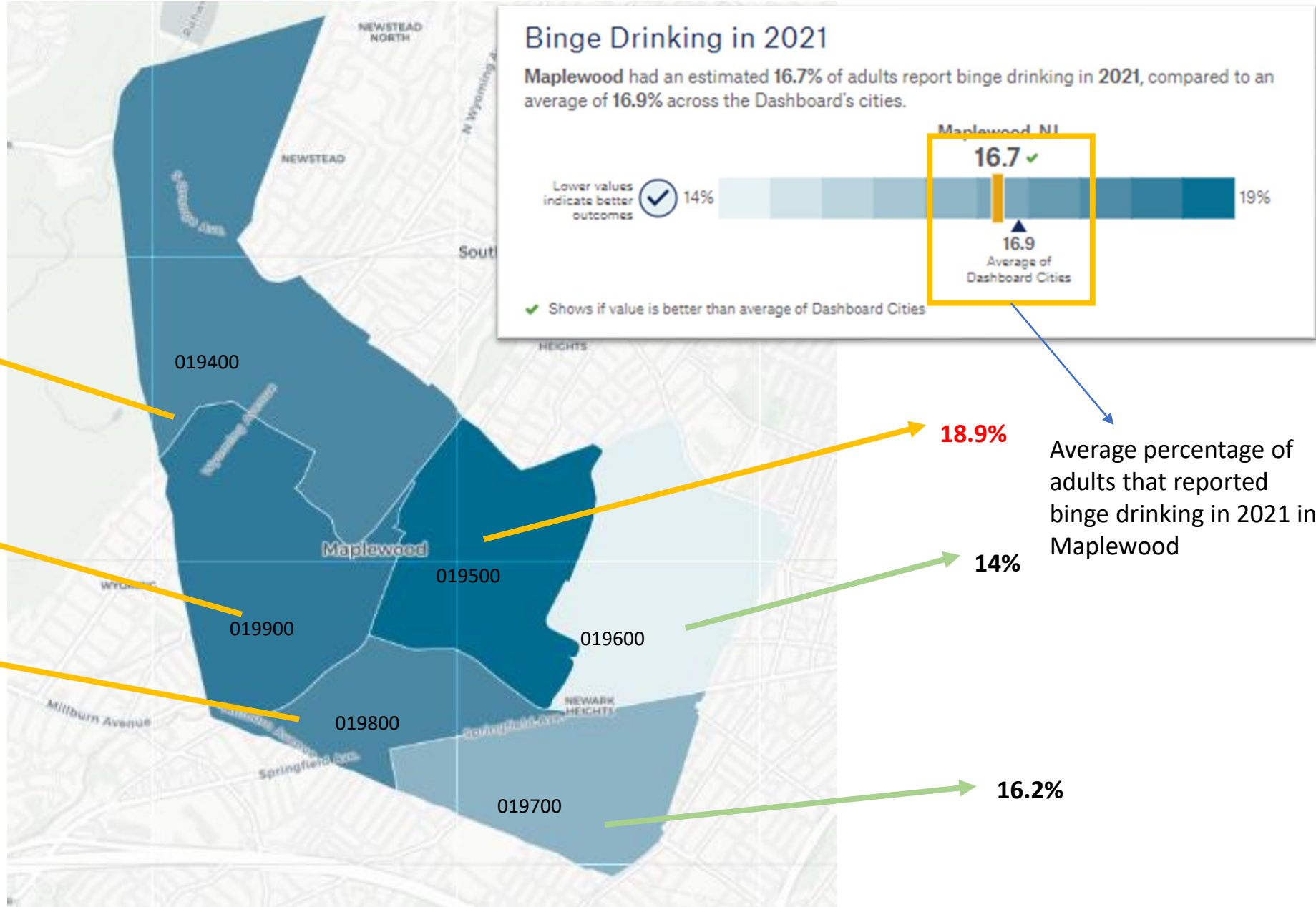


 = Location of health screening in the past year

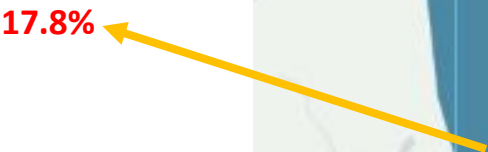
Physical Inactivity



Binge Drinking



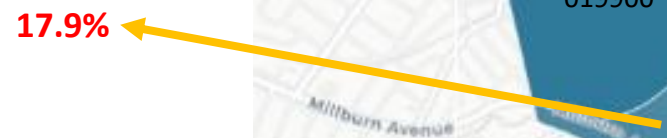
17.8%



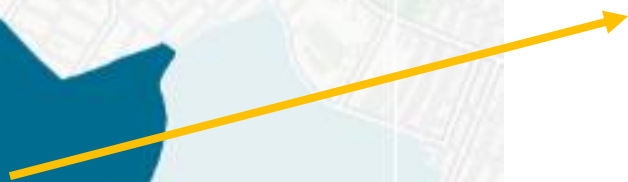
18.5%



17.9%



18.9%



14%

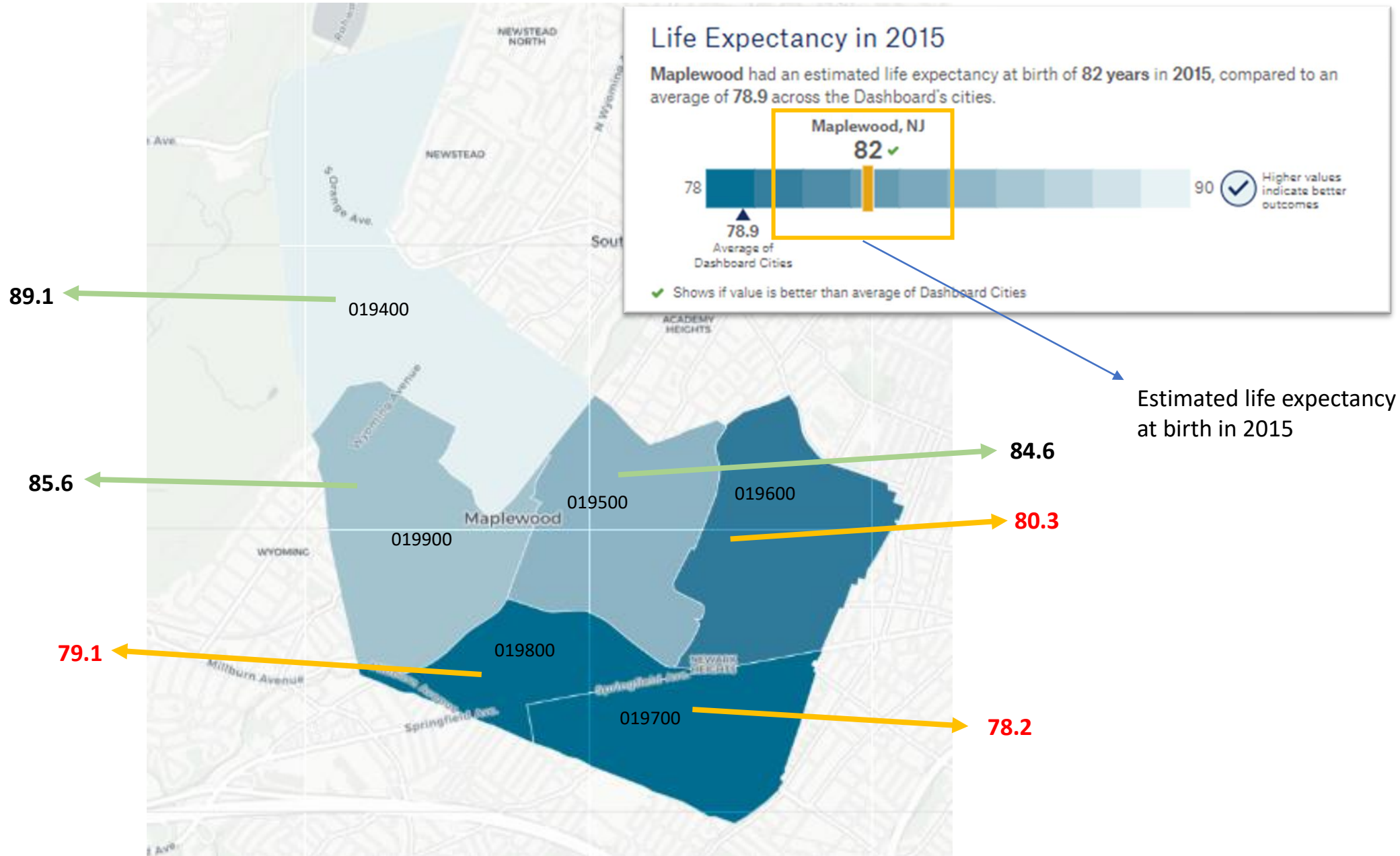


16.2%



Average percentage of adults that reported binge drinking in 2021 in Maplewood

Life Expectancy



COMMUNITY HEALTH FAIR

**SATURDAY JUNE 15, 2024
11AM - 2PM**

**DEHART PARK
120 Burnet Avenue**

- ✓ Free Health Screenings
- ✓ Music, Free Food, Ice Cream, Raffles, and Giveaways
- ✓ Mobile Drug Drop Box
- ✓ Open to all

HEALTH FAIR SPONSORS:



healthdepartment@maplewoodnj.gov
(973) 762-8120, x2006



Mobile Mammogram Screening

At the Maplewood Health Fair
Saturday June 15th
11:00 AM- 3:00PM
DeHart Park

120 Burnet Avenue, Maplewood, NJ

Early Detection Save Lives



Also enjoy free food, ice-cream, resources, and games for entire family while at the Maplewood Health Fair!

Patient Eligibility

- Must be at least 40 years old
- At least 365 days since the last mammogram
- Cannot be pregnant or breastfeeding
- No breast implants/no history of breast issues such as: lumps, discharge, or cancer

- Open to uninsured/underinsured and insured individuals
- To check your insurance coverage, visit: tinyurl.com/zvz9t5r4
- Arrive 15 minutes prior to your scheduled time

Registration Required!



SCAN ME



On May 21st the Maplewood Health Department in partnership with the Maplewood Police Department presented a Safe Medication Practices presentation to the residents of Winchester Gardens.

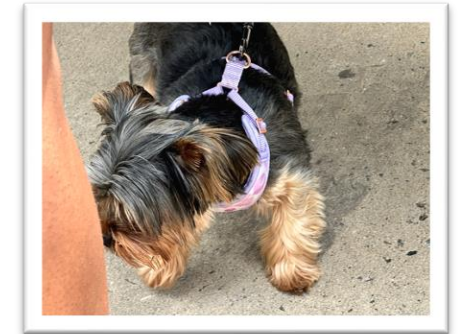
Information included tips on keeping an updated medication record, how to read pharmacy labels, risks of medication misuse, and how to properly dispose of unused and expired medication



Animal Control Update



On 6/2 The Health Department hosted a free rabies vaccination clinic in conjunction with South Orange Animal Hospital open to both South Orange and Maplewood Residents. 10 Rabies vaccinations were given out to both cats and dogs to residents of both towns.





Maplewood Township Dog and Leash Ordinance

Maplewood Police Department has received complaints regarding dogs off leashes & would like to remind all residents that MPD will be strictly enforcing the issue moving forward.

Leashing of Dogs:

Per Maplewood T.O. 113-12(F): All dog owners must control their dogs with an adequate leash not more than six feet long. This applies to all of Maplewood Township INCLUDING all parks. Additionally, no dog, leashed or unleashed, shall be permitted to enter upon any basketball, tennis or paddle tennis courts within the Township of Maplewood.

Any person found in violation shall be subject to a fine as follows:

- (1) First offense: \$50.
- (2) Second offense: \$100.
- (3) Any subsequent offense: an amount not to exceed \$500.

FRIENDLY REMINDER TO PLEASE CLEAN UP AFTER YOUR PETS AS WELL



**All Township Ordinances regarding pets may be viewed at:
<https://www.ecode360.com/9419650t>**



Increase in Dog Bite Cases

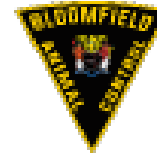
If you are bitten by a dog, please follow these instructions:

1. Gather as much information as you can about the dog (and the dog owner).
 - a. In 1 out of 4 cases this year, there was no information to find the dog owner, or to find out if the dog was vaccinated for rabies, resulting in costly treatments, hospital care and doctor's visits.
2. Wash and clean the wound immediately. Seek medical care if the wound site begins to worsen.
3. Take pictures of any injuries and damages to clothing.
4. Report any loose dogs to the police department who can contact animal control.
5. File an animal bite report at the police department or call the health department during regular business hours (973) 762-8120.





BLOOMFIELD ANIMAL SHELTER/ANIMAL CONTROL



MONTHLY REPORT

Month & Year: MAY 2024

City: MAPLEWOOD

1. ACO PATROL ACTIVITIES IN THE FIELD

Total # of Animal Control Calls	27
Total Domestic	8
Total Sick/Injured Wildlife	19
Total Bite Investigations	0
Total # of After-Hours Calls	4



Environmental Health



Environmental Health- May

- Restaurant inspections:19
 - Pre-operation inspections: 1
 - Re-inspections: 4
 - Mobile Food Trucks: 1
- School inspections: 0
- Daycare inspections: 0
- Camps: 0
- Kennels: 0
- Complaints: 32
- NOVs: 11
- Summonses: 2



Essex Regional Health Commission Report- April

- 1 B-Source
- 7 Pesticide
- 2 Air investigation
- 1 Source Registration
- 2 Idling Car Complaints



Nursing Update



Nursing Report- May

Reportable Disease Investigated: 5

Health Screenings MW Senior
Apartments: 12 people



June 3rd Health Screenings

Blood Pressure: **2**

Stroke Risk Assessment: **8**

Diabetes Screening: **8**

ESSEX COUNTY AND RWJ BARNABAS HEALTH ARE PROVIDING


FREE HEALTH SCREENINGS

THE FIRST MONDAY OF EACH MONTH
AT THE MAPLEWOOD FARMERS MARKET

*June 3, July 1, August 5, September 9, October 7,
November 4*

2 PM TO 6 PM

1662 SPRINGFIELD AVENUE
(NEAR THE SPRINGFIELD AVENUE GAZEBO)



MAPLEWOOD HEALTH DEPARTMENT



Get Free Screenings & Information:

- **BLOOD PRESSURE**
- **STROKE RISK ASSESSMENT**
- **DIABETES SCREENING (A1C)**

For more information:
973-762-8120 x4300 AMarkarova@MaplewoodNJ.gov





"Getting vaccinated is the best defense against COVID, measles, and many other childhood diseases. We look forward to working with our partners in the Municipal Health Offices to reach the VFC program-eligible children and make sure they have access to the vaccines needed for school."

Joseph N. DiVincenzo, Jr.



Joseph N. DiVincenzo, Jr.,
Essex County Executive

The Board of County Commissioners
And the Essex County Office of Public Health Management

Vaccines For Children (VFC)



Vaccines For Children are available by
appointment only.

To schedule an appointment,
call 973-877-8456

Offering all the recommended childhood vaccines, including the COVID-19 Vaccine

- | | | | |
|--------|--------------|--------------------|-------|
| -DTaP | -Hepatitis A | -MenB | -TD |
| -Flu | -Hepatitis B | -Meningo Conj MCV4 | -Tdap |
| -HPV 9 | -IPV | -PCV15 | -Var |
| | | | -MMR |

Eligibility Requirements:

- (Children through 18 years of age)
- Medicaid eligible or NJ FamilyCare Plan A
- Uninsured
- American Indian or Alaskan Native



Putting Essex County's Health First



Communicable and Infectious Disease Update



CDC Measles Advisory



- From January 1 to May 31, 2024, a total of 146 measles cases have been reported by 21 U.S jurisdictions
 - 83% of the cases were unvaccinated or unknown vaccine history
 - 45% of cases have been among children under 5 years old
 - 55% of cases have been hospitalized for isolation or management of measles complication
 - 65% of those hospitalized are under the age of 5
 - 42% of those hospitalized are 5-19 years of age
 - 50% of those hospitalized are 20+ years of age
- To prevent measles infection and reduce the risk of community transmission all residents should be current on their MMR vaccinations

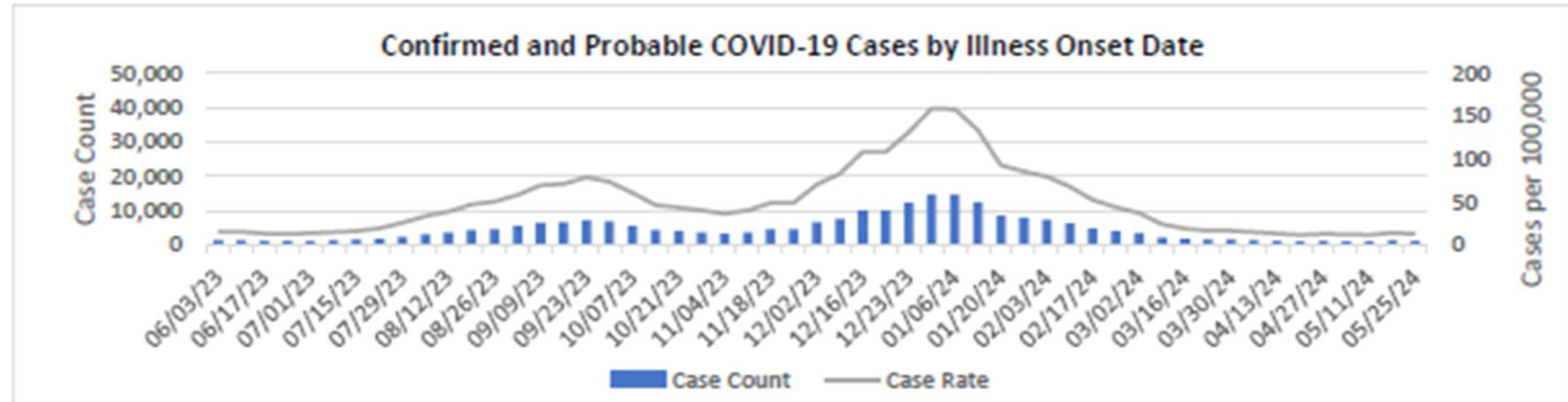


Respiratory Diseases Update



COVID-19 update May 25th, 2024

NJDOH uses [CSTE Case Definition criteria](#) to define COVID-19 cases for public health surveillance. Confirmed and probable COVID-19 cases by illness onset date are plotted below. When the illness onset date is unknown, the date of earliest positive specimen collection or the date of NJDOH notification is used, whichever is earlier.



Source: NJDOH Communicable Disease Reporting and Surveillance System (CDRSS)



Social Services/ Mental Health



Crisis Intervention Social Workers Report

January – April 2024

Month	Total Cases	Co-Response	Clinical Cases
January	12	5	4
February	8	3	3
March	16	8	5
April	15	3	0



3 Ways to get Naloxone

1. Recurring Naloxone Trainings through Rutgers. To register, email PreventOverdose@rwjms.Rutgers.edu or see next slides for flyer
2. You can request some from the New Jersey Harm Reduction Coalition at <https://njharmreduction.org/get-naloxone/>
3. You can request free Narcan from Stop & Shop in South Orange (only while supplies are available)





Division of Addiction Psychiatry
732-235-4341 Fax: 732-235-4277
<http://rwjms.rutgers.edu/addiction>

Robert Wood Johnson
Medical School

PREVENT OPIOID OVERDOSE, SAVE LIVES

In case of overdose, use naloxone

Rutgers Robert Wood Johnson Medical School and The Division of Mental Health and Addiction Services have partnered together to offer this **FREE** activity and service.

FREE TRAINING AND NALOXONE NASAL SPRAY KITS

We offer free public trainings six times per month. Attendees who are 18 years of age and older, who reside, attend school, or work in New Jersey will receive a Narcan kit.

- First Monday of each month at 1:30 PM
- First Friday of each month at 12:30 PM
- Second Thursday of each month at 11:00 AM
- Second Wednesday of each month at 5:00 PM
- Last Monday of each month at 12:30 PM
- Last Tuesday of each month at 12:30 PM



Registration is required

FREE TRAINING via Zoom and **NALOXONE NASAL SPRAY KITS SHIPPED**

To register or if you have questions, please contact:

**Rutgers-Robert Wood Johnson Medical School
Division of Addiction Psychiatry**

732-235-4341

PreventOverdose@rwjms.Rutgers.edu

Funded by the New Jersey Division of Mental Health and Addictions Services



MAKE THE RIGHT CALL

Emergency

911

- Fire
- Severe injury or medical problem
- Criminal Activity
- Life threatening situation

Mental Health Crisis

988

- Suicidal thoughts
- Emotional Distress
- Concern for a friend or family member

Social Services

211

- Food
- Housing
- Utility Assistance
- Healthcare services
- Transportation
- Legal services
- Counseling & Support

Poison Control

800-222-1222

Poison exposure from:

- Medications
- Household Cleaners
- Plants
- Bites/Stings
- Lead
- Pesticides
- Recreational Drugs

AVAILABLE 24 HOURS A DAY, 7 DAYS A WEEK.



MAPLEWOOD
HEALTH DEPARTMENT

