



ESSEX COUNTY SOCIAL SUPPORT MANUAL

Essex County Department of Health

Putting Essex County First

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Introduction

This manual includes support resources from The State of New Jersey, Essex County, Local Health Departments (LHDs), and community services. This manual should be used to assist and guide the residents of Essex County to receive the help they need. These services are needed even more during the COVID-19 pandemic.

The spread of COVID-19 has depressingly affected countywide structures and reduced the availability of resources that are crucial to helping Essex County residents. In response to the COVID-19 pandemic, The New Jersey Local Information Network and Communications System (NJLINCS), has granted us with the ability to create a resource guide for Essex County residents and our LHD's.

Although all our residents need help during this time there are populations who are more vulnerable. Vulnerable populations are defined as those at greater risk for poor health status and health outcomes, experience significant disparities in life expectancy, often lack access to healthcare and social supports, and experience increased morbidity and mortality. They experience complex health needs that intersect with their social and economic conditions. This population is likely to have one or more physical/and or mental health conditions. (Source: <https://www.ajmc.com/view/nov06-2390ps348-s352>)

The COVID-19 pandemic has been an uncertain and scary time for Essex County residents. This manual will be made available to everyone in Essex County and shared with LHD's. Vulnerable populations are the most at risk for serious complications and mortality if infected with COVID-19. This manual is meant to assist everyone in Essex County, but it is vital that our vulnerable populations are specially cared for during these times.



Demographics

Population

Essex County is the 3rd largest county in New Jersey with about 798,975 residents. Females make up 51.9% of the population while males make up 48.1%

Age

The median age is 37.8.

Residents under 5 years old	6.6%
Residents under 18 years old	23.7%
Residents over 65 years old	13.9%

Race and Hispanic Origin

White alone	48.9%
Black or African American alone	41.9%
American Indian and Alaska Native alone	0.8%
Asian alone	5.9%
Native Hawaiian and other Pacific Islander alone	0.1%
Two or more races	2.4%
Hispanic or Latino	23.8%
White alone, not Hispanic or Latino	30.2%

Population Characteristics

Veterans	18,419
Foreign born residents	27.2%

Housing

Housing Units	319,686
Owner-occupied housing unit rate	44%
Median value of owner-occupied housing units	\$386,000

Median gross rent	\$1,178
Households	258,908
Persons per household	2.71
Language other than English spoken at home, percent of persons 5 years and older	35.9%

Education

Highschool graduate or higher, 25 years+	86.1%
Bachelor's degree or higher, 25 years+	35.5%

Health

With a disability, under 65 years	7.8%
Residents without health insurance, under 65 years	11.6%

Income and Poverty

Median household income	\$61,510
Per capita income in past 12 months (2019)	\$38,722
Residents in poverty	13.8%

Geography

Population per square mile	6,211.5
Land area in square miles	126.21

Source: <https://www.census.gov/quickfacts/fact/table/essexcountynewjersey,US#>

Crisis Hotlines 24/7



In an emergency, please call 9-1-1

<u>Addictions Hotline of NJ</u>	1-800-238-2333
<u>Alternatives to Domestic Violence 24/7</u>	201-336-7575
<u>Birthright International Pregnancy Help Hotline 24/7</u>	1-800-550-4900
<u>Caring and Crisis Hotline</u>	908-232-2880 or text 839-363
<u>Child Support Hotline</u>	1-877-655-4371
<u>Choices, Options for Women's Health 24/7</u> <u>Hotline call or text</u>	732-516-0911
<u>COP2COP</u>	1-866-267-2267
<u>National Domestic Violence Hotline</u>	1-800-799-SAFE (7233) or text START to 88788
<u>National Safe Haven Alliance Hotline</u>	1-888-510-BABY or text SAFEHAVEN to 313131
<u>National Suicide Prevention Hotline</u>	1-800-273-8255, TTY: 800-799-4889
<u>NJ 2-1-1</u>	2-1-1 For information about resources in NJ.
<u>NJ AIDS/HIV/STD Hotline</u>	1-800-624-2377
<u>Substance Abuse and Mental Health Hotline</u>	787-339-2663 or text 66746, TTY: 800-985-5990
<u>Vet2Vet</u>	1-866-838-7654
<u>Veterans Crisis Line</u>	1-800-273-8255

Food Services



- [Baby Land Family Services, Inc](#)
 - They provide help to families who need help with housing assistance and food pantries.
 - 755 South Orange Ave, Newark, NJ 07106
 - 973-399-3400

- [Community Improvement Association of The Oranges](#)
 - Programs offered are food and clothing distribution, health and wellness, workforce readiness, financial literacy, and youth services.
 - 336 Oakwood Ave, Orange, NJ 07050
 - 973-678-7322

- [Irvington Neighborhood Improvement Corporation](#)
 - They provide assistance with hunger, utilities, and housing.
 - 346 16th Ave, Irvington, NJ 07111
 - 973-416-0909

- [Isaiah House](#)
 - They work to reduce homelessness, hunger, drug addiction, and unemployment. They offer many support services including life skills training, money management, job search assistance, medical referrals, tutoring and helps to reunite families.
 - 238 North Munn Ave, East Orange, NJ 07107
 - 973-678-5882

- [Holy Trinity Food Pantry](#)
 - This food pantry is open Tuesdays from 9am-12pm and the fourth Monday from 9am-12pm for diaper distribution. Please check the website or call to confirm hours have not changed.
 - 315 Main St, West Orange, NJ 07052
 - 973-325-0369

- [Montclair Emergency Services for The Homeless](#)
 - Provides basic and essential services to homeless adults and families. They partner with community members to provide meals to people who need it. They also provide shelter during extreme weather.
 - 15 Trinity Place, Montclair, NJ 07042
 - 862-621-9488

- [NJ SNAP](#)
 - NJ SNAP Provides money to your household on a benefits card for food. Even college students can apply. Many food retailers accept these cards. You can apply online for these benefits.
 - [Check eligibility and apply by clicking here.](#)

- [St. James Social Services Corporation](#)
 - This corporation offers food, diaper banks, feminine hygiene products, clothing, housing assistance, and health initiatives.
 - 604 Dr. Martin Luther King Jr. Blvd, Newark, NJ 07102
 - 973-624-4007

- [The Salvation Army- Montclair Citadel](#)
 - This organization offers housing services, addiction counseling, a food pantry, religious services, youth programs, and more.
 - 13 Trinity Place, Montclair, NJ 07042
 - 973-744-3312

- [United Community Corporation](#)
 - This organization offers a range of services including food, shelter, clothing, employment assistance, youth programs, and vaccinations.
 - 31 Fulton Street, Newark, NJ 07102
 - 973-642-0181

- [Unity Fellowship Church Newark](#)
 - MA mission-centered church that partners with organizations to feed the hungry and homeless as well as support LGBTQ youth and provide information through seminars, forums, workshops, and various partnerships. They also have clothing drives to provide clothing to those who need it.
 - 23 Branford Place, Newark, NJ 07102
 - 973-565-9340



Medical Services

- [BRAVE](#)
 - Offers counseling, healthcare, transportation, job placement, recovery, legal support, housing and more.
 - 127 Pine Street, Montclair, NJ 07042
 - 973-746-2400

- [Bridges Outreach Project Connect](#)
 - Onsite medical treatment including, adult medicine, gynecology, sports medicine, lab services, substance abuse treatment, and mental health. Also offers services for legal aid, financial assistance, job training, employment connections, housing, veterans, and case management.
 - 35 Halsey Street, Newark, NJ 07102
 - 973-723-2307

- [Care Plus NJ](#)
 - Comprehensive medical care, mental and primary health, for all.
 - 650 Bloomfield Ave, Suite 106, Bloomfield, NJ 07003
 - 973-744-6522

- [Catholic Charities of Northern New Jersey](#)
 - Offers a range of programs such as counseling and support for youth and families, elderly programs, educational special needs programs for children, psychological and psychiatric help for mental illness, job training, high quality and affordable education for children, emergency shelter, affordable housing, and adoption services.
 - 590 North 7th Street, Newark, NJ 07107
 - 973-596-3934

- [City Life Health](#)
 - An organization providing quality care to underserved communities and help with their quality of life. They serve to treat patients and help manage complex health conditions. They also offer food, housing, job security, education, and behavioral health services.
 - 44 Jones Street, Newark, NJ 07103
 - 877-926-9272

- [Essex County Hospital Center](#)
 - The Hospital Center improves the quality and effectiveness of mental health services to meet patients needs. They have 180 beds and specialize in mood disorders, schizophrenia, psychotic disorders, metabolic disorders, workforce development, mental health policy and technology integration. They have established clinical-academic partnerships with various medical schools and institutions.
 - 204 Grove Ave, Cedar Grove, NJ 07102
 - 973-571-2800

- [Fairmont Health Services](#)
 - A homeless shelter that provides medical services for their guests.
 - 202 Fairmont Ave, Newark, NJ 07102
 - 973-643-7705

- [Hyacinth AIDS Foundation](#)
 - Helps stop the spread of HIV, STI'S and Hepatitis C through education and prevention strategies, provides wellness and behavioral health services and support programs.
 - 194 Clinton Ave, Newark, NJ 07108
 - 862-240-1461

- [La Casa de Don Pedro](#)
 - They offer health initiatives, youth and family counseling, youth education, HIV/AIDS prevention and services, housing development, energy assistance, workforce development, COVID testing and vaccine clinics and more.
 - 75 Park, Ave, Newark, NJ 07104
 - 973-482-8312

- [New Jersey Family Care](#)
 - Get help affording health care coverage. Enrollment is open year-round, and you can receive low cost or free coverage.
 - 1-800-701-0710

- [North Jersey Community Research Initiative](#)
 - Provides HIV/AIDS screening, care and treatment, primary medical care, transgender medical care, hormone therapy, substance abuse services, mental health care, health education, pediatric care, LGBTQ services, homeless drop-in center, and a food pantry.
 - 393 Central Ave, Newark, NJ 07103
 - 973-483-3444

- [Real House](#)
 - Offers onsite medical healthcare, bloodwork services, medical substance abuse treatment, podiatry, gynecology, and mental health treatment.
 - 127 Pine Street, Montclair, NJ 07042
 - 973-746-2400
 - [Highlands Health Van](#)
 - Adult medicine, women’s health, pediatrics, COVID testing, and COVID vaccines.
 - 973-328-3344
 - [Zufall Health Delta Dental Mobile](#)
 - Dental treatment for adults and children
 - 973-328-3344

- [Zufall Health Community Health Center](#)
 - They offer adult medicine, women's health, prenatal care, pediatrics and dental services. As well as COVID vaccines and testing
 - 95 Northfield Avenue, Suite 2, West Orange, NJ 07052
 - 973-325-2266

HIV:

- [Hyacinth AIDS Foundation](#)
 - Helps stop the spread of HIV, STI'S and Hepatitis C through education and prevention strategies, provides wellness and behavioral health services and support programs.
 - 194 Clinton Ave, Newark, NJ 07108
 - 862-240-1461

- [North Jersey Community Research Initiative](#)
 - Provides HIV/AIDS screening, care and treatment, primary medical care, transgender medical care, hormone therapy, substance abuse services, mental health care, health education, pediatric care, LGBTQ services, homeless drop-in center and a food pantry.
 - 393 Central Ave, Newark, NJ 07103
 - 973-483-3444

- [Positive Health Care Inc.](#)
 - Helping individuals living with HIV/AIDS live healthy, responsible, and self-sufficient lives. Also offers substance abuse counseling, transportation, food packages, clothing, emergency financial assistance, medical case management, support groups and more.
 - 333 Washington St, Suite 1, Newark, NJ 07102
 - 973-596-9667

- [St. Clares Services \(NJ HIV Housing Collaborative\)](#)
 - This organization is dedicated to helping individuals affected by HIV/AIDS. They provide services such as, social services, family housing, afterschool youth program, substance abuse, mental health, transportation, food pantry and case management.
 - 77 Academy Street, Newark, NJ 07102
 - 973-643-0300

Mental Health:

- [County Crisis Screening Center](#)
 - They provide a range of services for anyone experiencing an urgent mental health problem from de-escalation, stabilization, short-term intervention, psychiatric evaluation, nurse assessments, referrals and access to inpatient hospitalization. They have a mobile response team available to provide services at patients homes or any other location.
 - 201 Lyons Ave,
Newark, NJ 07112
 - 973-926-7444
 - One Clara Maass Dr,
Belleville, NJ 07109
 - 973-844-4357
- [Essex County Hospital Center](#)
 - The Hospital Center improves the quality and effectiveness of mental health services to meet patients needs. They have 180 beds and specialize in mood disorders, schizophrenia, psychotic disorders, metabolic disorders, workforce development, mental health policy and technology integration. They have established clinical-academic partnerships with various medical schools and institutions.
 - 204 Grove Ave, Cedar Grove, NJ 07102
 - 973-571-2800
- [Integrity House](#)
 - Offers various housing programs to help individuals struggling with addiction and mental illness. They are committed to providing recovery support for people and families.
 - 103 Lincoln Park, Newark, NJ 07102
 - 973-623-0600
- [Mental Health Association of Essex and Morris Counties](#)
 - Promote mental health, improve care and treatment of individuals with mental illness. Offers advocacy, education, early intervention, prevention, and treatment.
 - 33 South Fullerton Ave, Montclair, NJ 07042
 - 973-509-9777

- [Northwest Essex Community Healthcare](#)
 - Services include assistance for members of the armed services and veterans, children and adults with mental health disorders, emotional disorders, substance abuse disorders, screening, assessments, psychiatric rehabilitation, primary care screening, case management and peer support.
 - 570 Belleville Ave, Belleville, NJ 07109
 - 973-450-3110

- [Project Live](#)
 - Offers residential, rehabilitative, support and mental health services.
 - 465-475 Broadway, Newark, NJ 07104
 - 973-481-0195

- [Rutgers Health- University Behavioral Healthcare](#)
 - Offers behavioral health care and addiction services.
 - 183 South Orange Ave, Newark, NJ 07107
 - 973-972-5472

- [The Appropriate Place \(TAP\)](#)
 - Community support services for adults with substance abuse addiction, mental illness, and homeless prevention.
 - 660 South 21st Street, Irvington, NJ 07111
 - 862-253-1104

Substance Abuse:

- [Answers Moving Forward](#)
 - Substance abuse support and gambling addiction services. Offers a range of groups including addiction awareness, relapse prevention, mentor and family support, ex-offender re-entry and more.
 - 1344 Springfield Ave, Irvington, NJ 07111
 - 973-399-7900
- [Circle of Life Treatment Center and Shelter](#)
 - Substance abuse support as well as homeless shelter and warming center.
 - 55 Tillinghast Street, Newark, NJ 07108
 - 862-763-4859
- [COPE Center](#)
 - Individuals and families facing addiction and mental health challenges are provided with quality behavioral healthcare services. Programs include adolescent program and support groups, adult addiction support, mental health outpatient services, and anger/stress management programs.
 - 104 Bloomfield Ave, Montclair, NJ 07042
 - 973-783-6655
- [Cura Inc. Comunidad Unida Para Rehabilitación De Adictos](#)
 - Provides support for substance abuse, HIV/AIDS through outpatient services as well as residential help. Also helps improve the Latino Community.
 - 35 Lincoln Pk, Newark, NJ 07101
 - 973-622-3570
- [Essex County Office of Addiction Services](#)
 - They organize, implement, and monitor programs for individuals with alcohol and drug related issues. They provide substance abuse and behavioral health counseling as well as referrals.
 - 50 South Clinton Ave, East Orange, NJ 07018
 - 973-395-8402

- [Family Connections](#)
 - They offer support services for veterans, children, adults and families struggling with trauma, mental illness, addiction, domestic violence, child abuse and more.
 - 7 Glenwood Ave, East Orange, NJ 07018
 - 973-675-3817

- [Family Service Bureau](#)
 - The services offered here include substance abuse disorder treatment, mental health treatment, psychiatric services, medication monitoring, family and couples counseling, anger management groups, domestic violence counseling, parenting skills group and family crisis intervention.
 - 274 South Orange, Ave, 2nd Floor, Newark, NJ 07103
 - 973-412-2056

- [Greater Essex Counseling Services](#)
 - They provide psychiatric evaluations, monitored drug screening, educational hours, medication monitoring, anger management, and general and specialized counseling.
 - 23 Branford Pl, Newark, NJ 07102
 - 973-832-0189

- [Integrity House](#)
 - Offers various housing programs to help individuals struggling with addiction and mental illness. They are committed to providing recovery support for people and families.
 - 103 Lincoln Park, Newark, NJ 07102
 - 973-623-0600

- [Main Street Counseling Center](#)
 - They offer individual counseling, group counseling, couples counseling, family counseling, senior services, counseling for veterans and their families, outreach in schools and groups for anger management and domestic violence.
 - 8 Marcella Ave, West Orange, NJ 07052
 - 973-736-2041

- [Northwest Essex Community Healthcare](#)
 - Services include assistance for members of the armed services and veterans, children and adults with mental health disorders, emotional disorders, substance abuse disorders, screening, assessments, psychiatric rehabilitation, primary care screening, case management and peer support.
 - 570 Belleville Ave, Belleville, NJ 07109
 - 973-450-3110

- [Positive Health Care Inc.](#)
 - Helping individuals living with HIV/AIDS live healthy, responsible, and self-sufficient lives. Also offers substance abuse counseling, transportation, food packages, clothing, emergency financial assistance, medical case management, support groups and more.
 - 333 Washington St, Suite 1, Newark, NJ 07102
 - 973-596-9667

- [Project Live](#)
 - Offers residential, rehabilitative, support and mental health services.
 - 465-475 Broadway, Newark, NJ 07104
 - 973-481-0195

- [Real House](#)
 - Programs including substance abuse, housing, therapy, outpatient treatment and more.
 - 127 Pine Street, Montclair, NJ 07042
 - 973-746-2400

- [Restoration Center](#)
 - Offers substance abuse treatment, alcohol and drug educational groups, group counseling, individualized treatment planning, individual counseling, family groups, relapse prevention, mental health support and veteran assistance.
 - 300 South 12th Street, Newark, NJ 07103
 - 973-622-4934

- [The Bridge Inc.](#)
 - This organization offers outpatient services like mental health services, substance abuse and family prevention services.
 - 860 Bloomfield Ave,
West Caldwell, NJ
07006
 - 973-228-3000
 - 50 Union Avenue,
Suite 306, Irvington,
NJ 07111
 - 973-372-2624

- [The Salvation Army- Montclair Citadel](#)
 - This organization offers substance abuse counseling and many other services.
 - 13 Trinity Place, Montclair, NJ 07042
 - 973-744-3312

Naloxone Access

- [Essex County Division of Health Services – Office of Alcohol, Drug Abuse & Addiction Services](#)
 - They provide NARCAN training and distribution.
 - 50 South Clinton Street, 4301, East Orange, NJ 07018
 - 973-395-8174

- [Rutgers Robert Wood Johnson Medical School](#)
 - Free training and Naloxon Nasal Spray Kits. Training is held on the last Monday of each month from 12:30om-2:00pm. The training is available via WebEx and the naloxone nasal spray kits will be mailed to the trainees house.
 - To register please contact:
 - 732-235-4341
 - PreventOverdose@rwjms.rutgers.edu

Housing



- [Amity Park Transitional Housing](#)
 - Housing shelter for women and children.
 - 280 Central Avenue, Orange, NJ 07050
 - 973-672-1848

- [Baby Land Family Services, Inc](#)
 - They provide help to families who need help with housing assistance and food pantries.
 - 755 South Orange Ave, Newark, NJ 07106
 - 973-399-3400

- [Catholic Charities of Northern New Jersey](#)
 - Provides affordable housing, emergency shelter and a range of programs such as counseling and support for youth and families, elderly programs, educational special needs programs for children, psychological and psychiatric help for mental illness, job training, high quality and affordable education for children, and adoption services.
 - 590 North 7th Street, Newark, NJ 07107
 - 973-596-3934

- [Circle of Life Treatment Center and Shelter](#)
 - Substance abuse support as well as homeless shelter and warming center.
 - 55 Tillinghast Street, Newark, NJ 07108
 - 862-763-4859

- [Covenant House – Newark](#)
 - Serving youths between 18 and 21 years old. They have a Residential Crisis Center that helps and necessities. They also offer health and wellness, housing, education, employment, life skills and more.
 - 330 Washington St, Newark, NJ 07102
 - 973-621-8705

- [COVID-19 Emergency Rental Assistance](#)
 - The State of New Jersey Department of Community Affairs is offering an emergency rental assistance program that provides temporary rental assistance to low- and moderate-income households affected by the COVID-19 pandemic.
 - [Click here for a flyer with more information.](#)
 - [To apply and for more information click here.](#)
 - 609-490-4550

- [Cura Inc. Comunidad Unida Para Rehabilitación De Adictos](#)
 - Provides shelter and many services to help adults and children. Also helps improve the Latino Community.
 - 35 Lincoln Pk, Newark, NJ 07101
 - 973-622-3570

- [Department of Community Affairs \(The State of New Jersey\)](#)
 - Offers homelessness prevention, energy assistance, neighborhood programs, Section 8, lead-safe home remediation.
 - 101 South Broad St, Trenton, NJ
 - 973-672-1848 or 973-672-2067
 - 973-218-7400

- [East Orange Community Development Corporation](#)
 - Provides rental assistance, mortgage assistance, utility assistance, food pantry, clothing, case management and other distribution services.
 - 490 Main Street, East Orange, NJ 07017
 - 973-266-5315

- [Essex County Emergency Rental Assistance Program](#)
 - You may qualify for rental assistance if the pandemic negatively impacted your ability to pay rent or utilities.
 - Tenants and landlords can apply but landlords would have to apply on behalf of their tenants.
 - [You can apply online by clicking here.](#)

- [Essex County Housing & Community Development](#)
 - They offer various homeowner programs such as home investment partnerships, home improvement, first time home buyer, home buyer assistance. They also offer emergency shelter
 - 20 Crestmont Road, Verona, NJ 07044
 - 973-655-0200

- [Essex County LGBT Rain Foundation](#)
 - Their goal is to help young adults in the LGBTQ community by providing shelter, housing assistance, case management, education and financial assistance, counseling and more.
 - 168 North Park Street, East Orange, NJ 07017
 - 973-675-6780

- [Fairmont Health Services](#)
 - A homeless shelter that provides medical services for their guests.
 - 202 Fairmont Ave, Newark, NJ 07102
 - 973-643-7705

- [Goodwill Rescue Mission](#)
 - They offer shelter, food, showers, hygiene items, clothes and life-transformation programs.
 - 79 University Ave, Newark, NJ 07102
 - 973-621-9560

- [Helping The Homeless LLC](#)
 - State and County emergency shelter and food.
 - 269 Mt. Prospect Ave, Newark, NJ 07104
 - 973-732-9200

- [Integrity House](#)
 - Offers various housing programs to help individuals struggling with addiction and mental illness. They are committed to providing recovery support for people and families.
 - 103 Lincoln Park, Newark, NJ 07102
 - 973-623-0600

- [Interfaith Hospitality Network of Essex County Inc](#)
 - They provide shelter, meals, case managements, youth and family programs, rental assistance and more.
 - 46 Park Street, Montclair, NJ 07042
 - 973-746-1400

- [Irvington Neighborhood Improvement Corporation](#)
 - They help with hunger, utilities and housing.
 - 346 16th Ave, Irvington, NJ 07111
 - 973-416-0909

- [Isaiah House](#)
 - They offer various residential programs and many support services such as life skills training, money management, job search assistance, medical referrals, tutoring and helps to reunite families.
 - 238 North Munn Ave, East Orange, NJ 07107
 - 973-678-5882

- [Mental Health Association of Essex and Morris Counties](#)
 - Creates permanent lease-based housing for individuals with mental illness. They provide them with support and treatment so they can improve their lives.
 - 33 South Fullerton Ave, Montclair, NJ 07042
 - 973-509-9777
 -

- [Montclair Emergency Services for The Homeless](#)
 - Provides basic and essential services to homeless adults and families. They provide shelter during extreme weather and meals.
 - Until further notice they will be located at 15 Trinity Place, Montclair, NJ 07042
 - 862-621-9488

- [Montclair Neighborhood Development Corporation](#)
 - Helps community members facing eviction and homelessness with resources they need. They have information on many benefits and services as well as case managers to assist with rental assistance, veterans services, senior citizen services and others.
 - 228 Bloomfield, Ave, Montclair, NJ 07042
 - 973-744-9094

- [New Community Corporation – Harmony House](#)
 - Services include transitional housing to help individuals move from homelessness to permanent housing, help individuals live self-sufficient lives, life skills workshops, counseling, daycare, youth programs and many more.
 - 233 West Market Street, Newark, NJ 07103
 - 973-623-2800

- [Newark Emergency Services for Families](#)
 - A homeless Drop-In Center that allows homeless guests to shower, receive meals, use the phone, wash clothes, have access to food and clothing pantry, take emergency shelter and have access to other supportive services.
 - 982 Broad Street, Newark, NJ 07102
 - 973-639-2100

- [Newark YMCA](#)
 - Provides supportive residential programs and various programs to help families during a crisis.
 - 600 Broad Street, Newark, NJ 07102
 - 973-624-8900

- [Newly Destined Inc](#)
 - Provides emergency shelter for adults, families, and young adults.
 - 1114 Broad Street, Newark, NJ 07102
 - 973-242-8088

- [Peace House](#)
 - Provides temporary shelter for women who are homeless or released from a substance abuse program or the justice system. They assist women in taking the steps to become self-sufficient.
 - 257 Mt. Prospect Ave, Newark, NJ 07104
 - 973-732-5129

- [Project Live](#)
 - Offers residential, rehabilitative, support and mental health services.
 - 465-475 Broadway, Newark, NJ 07104
 - 973-481-0195

- [Real House](#)
 - Offers housing, health services and many other support services.
 - 127 Pine Street, Montclair, NJ 07042
 - 973-746-2400

- [Restoration Center](#)
 - Offers housing and homelessness prevention as well as many other services.
 - 300 South 12th Street, Newark, NJ 07103
 - 973-622-4934

- [RPM Development Group](#)
 - Creates high-quality affordable housing. They develop residential communities that serve as environments for residents and families to thrive.
 - 77 Park Street, Montclair, NJ 07042
 - 973-744-5410

- [Section 8 Housing](#)
 - This program assists in making safe and quality housing for low-income households by reducing housing costs.
 - 609-292-4080

- [Sierra House](#)
 - They serve homeless youth, young adults and young mothers and their children. They provide housing, social services, case management and life skills.
 - 134 Evergreen Place, Suite 103, East Orange, NJ 07018
 - 973-678-3556

- [St. Clares Services \(NJ HIV Housing Collaborative\)](#)
 - This organization is dedicated to helping individuals affected by HIV/AIDS. They provide family housing, rental assistance, utility assistance and a range of other services.
 - 77 Academy Street, Newark, NJ 07102
 - 973-643-0300

- [The Apostle's House](#)
 - Provides housing, shelter, food pantry and other social services to the homeless and at risk families and individuals to help them improve their quality of life.
 - 24 Grant St, Newark, NJ 07104
 - 973-482-0625

- [The Salvation Army – East Orange](#)
 - This organization offers housing support and many other services.
 - 430 Main Street, East Orange, NJ 07018
 - 973-672-0262

- [The Salvation Army- Montclair Citadel](#)
 - This organization offers housing support and many other services.
 - 13 Trinity Place, Montclair, NJ 07042
 - 973-744-3312

- [The Salvation Army – Newark](#)
 - Provides housing, food, youth services, addiction services, elderly support and veteran support.
 - 45 Central Ave, Newark, NJ 07102
 - 973-623-5959

- [The Turning Point Community Services, Inc](#)
 - Provides emergency housing to mothers and children as well as programs to help them become self-sufficient.
 - 1011 Grove Street, Irvington, NJ 07111
 - 973-374-7838

- [United Community Corporation](#)
 - Provide, safe, clean shelter for homeless adults for up to 30 days. Case management is offered as well as referrals for assistance with food, housing, rent, mental health, substance abuse and more.
 - 332 South 8th Street, Newark, NJ 07103
 - 973-642-0181



Support Services

- [Essex County Department of Citizen Services](#)
 - Supply information on various services for individuals. They provide support with SNAP Benefits, Work First NJ, Families First Electronic Benefits, NJ Supplemental Nutrition Assistance, Senior Services Special Transportation System, Modifications with Disabilities, and youth services.
 - 50 South Clinton Ave, East Orange, NJ 07018
 - 973-395-8400

- [Focus Hispanic Center for Community Development Inc.](#)
 - Provides community social services and human development programs, emergency assistance including food bags, senior services, adult protective services, youth and family programs and adult education.
 - 441-443 Broad St, Newark, NJ 07102
 - 973-624-2528

- [NJ211](#)
 - NJ 211 is a resource for residents of New Jersey. They offer various services including, mental health help, childcare, housing, income, health, legal services and more.
 - Call 2-1-1 or text your zip code to 898-211

- [NJHELPS](#)
 - They help individuals with low or no income. Families or individuals can apply for housing, income food or medical services. Apply online by clicking the NJHELPS link.

- [Urban League of Essex County](#)
 - They offer programs for adults to help them obtain economic self-sufficiency through jobs, home ownership, entrepreneurship, remedial skills and other trainings. They also offer programs to mentor youth children.
 - 508 Central Ave, Newark, NJ 07107
 - 973-624-9535



COVID-19 Vaccine/Testing/ Medical Services

- [Essex County COVID Call Center](#)
 - Offers COVID testing and vaccines. Walk-ins are welcome, check the website for days and times.
 - 973-877-8456

- [Mental Health Association of Essex and Morris Counties](#)
 - Offers COVID specific support such as counseling, support groups and mental health assistance.
 - 33 South Fullerton Ave, Montclair, NJ 07042
 - 973-509-9777

- [New Jersey Vaccine Finder](#)
 - Click the link and type in your zip code to find vaccine sites near you.

- [Rutgers Mental Health & Addiction COVID Connect](#)
 - Offers immediate telephonic support, the best treatment options, referrals and support.
 - 833-223-0011

COVID-19 Isolation/Quarantine

- CDC Newark Quarantine Station
 - 52 Terminal B, Newark Liberty International Airport, Newark, NJ 07114
 - 973-368-6200

Disabled Services

- [Easter Seals](#)
 - The mission of the Easter Seals works to help make a profound and positive difference in the lives of people with disabilities. They provide opportunities for individuals with special needs to live, learn, work and play in their communities.
 - 515 Valley St, Maplewood, 07040
 - 855-215-4541

- [Essex County Special Child Health Services](#)
 - Coordinates services for children with special needs from birth to age 21 and coordinates free multidisciplinary evaluations for children from birth to age 3 who have developmental delay.
 - 50 South Clinton Ave, East Orange, NJ 07018
 - 973-395-8836

- [Essex County The Office of the Disabled – Personal Assistance Services Program \(PASP\)](#)
 - Offers programs to assist individuals of all ages. They provide information, referrals and personal assistance to permanently physically disabled adults.
 - 50 South Clinton Ave, 1st Floor, East Orange, NJ 07018
 - 973-395-8429

- [Nassan's Place](#)
 - This is a nonprofit for children with autism. They provide numerous educational, social, recreational programs. They also provide supportive services and advocacy for children and families affected by autism.
 - Nassan's Place, East Orange, NJ 07019
 - 973-424-7781
 - Info.nassansplace@gmail.com

- [New Jersey Department of Human Services' Division of Developmental Disabilities](#)
 - Provides services to individuals with developmental and intellectual disabilities over the age of 21 to live as independently as possible. There are two different programs that individuals can enroll in, The Supports Program and the Community Care program.
 - The Supports Program provides enrollees with employment services and individual/family support services. There are options for individuals who need Private Duty Nursing as well.
 - The Community Care Program offers the same options as The Supports Program but also enables individuals to receive services in a residential setting.
 - There are Support Coordination Agencies available to help connect individuals and their families with the right services for them.
 - DDD.FeeForService@dhs.nj.gov
 - 800-832-9173
 - Link to quick guide explaining how to enroll and benefits:
<https://www.state.nj.us/humanservices/ddd/documents/quick-guide-for-families-english.pdf>
 - <https://www.state.nj.us/humanservices/ddd/assets/documents/quick-guide-for-families-spanish.pdf>



Health & Wellness Services

- [Ignite One, Health & Wellness](#)
 - Participants receive a personal wellness roadmap to address their specific needs. There are different workshops to choose from depending on your needs.
 - 808 Joralemon Ave, Unit D, Belleville, NJ 07109
 - 833-404-0202

First Responder Resources



- [TAPER](#)
 - Trauma & Addiction Psychology for Emergency Responders. Mental Health services for Police, Fire, EMS, Construction Workers, Mental Health Professional and Clergy.
 - 1-800-968-1242



Veterans Resources

- [Bloomfield Vet Center](#)
 - Individual and group counseling, family counseling, grief counseling, substance abuse assessments, employee referral and more.
 - 2 Broad, St Suite 703, Bloomfield, NJ 07003
 - 973-748-0980

- [East Orange VA Medical Center](#)
 - This medical center for veterans offers many services from primary care to a full range of specialties. They offer long-term care, prosthetics, infectious disease, diabetes education, comprehensive rehabilitation, psychiatry, cancer screening, speech pathology, homeless outreach programs and much more.
 - 353 Tremont Ave, 07018
 - 973-676-1000

- [Family Connections](#)
 - They offer support services for veterans including social work and programs specifically for women.
 - 7 Glenwood Ave, East Orange, NJ 07018
 - 973-675-3817

- [GI Go Fund](#)
 - Provide services such as employment, job readiness, resume assistance, assistance with applying for service connections, and temporary financial assistance
 - One Gateway Center, Suite 120, Newark, NJ 07102
 - 866-389-4446

- [Help for Homeless Veterans](#)
 - National call center for homeless veterans or veterans at risk of homelessness as well as family members, friends and supporters calling on behalf of veterans.
 - 877-424-3838

- MOVES – Maximizing Opportunities for Veterans to Employment and Success
 - This organization provides job/career training, employment placement, legal services, veteran peer support, transportation services, individual and family housing, mental health services, recovery services, family healthcare and sexual assault help.
 - info@movesnj.com
 - 315-687-8387

- New Hope Village 4 Veterans
 - Provides referrals for housing, legal services, and employment.
 - 92 Melville Place, Irvington, NJ 07011
 - 973-477-7327

- Newark Emergency Services for Families
 - Provides emergency services, workforce development, housing, health and family development for veterans and re-entry for homeless individuals.
 - 982 Broad Street, Newark, NJ 07102
 - 973-639-2100

- Newark Regional Office
 - Counseling about eligibility for VA benefits and how to apply, outreach to veterans who are homeless or at-risk, information about benefits and VA healthcare.
 - 20 Washington Place, Newark, NJ
 - 1-800-827-1000

Domestic Violence Resources

- [Access family Services](#)
 - A non-profit that provides families the tools necessary to transition from domestic violence and homelessness to self-sufficiency and independence.
 - One Gateway Center, Suite 2600, Newark, NJ 07102
 - Office: 862-520 3978 Hotline: 862-444-3126

- [Baby Land Family Services, Inc](#)
 - They provide a family violence shelter to provide a haven for women and their children suffering through domestic abuse. They help prepare women with a recovery plan to become self-sufficient.
 - 755 South Orange Ave, Newark, NJ 07106
 - 973-399-3400

- [My Sisters Lighthouse Resource Center](#)
 - They are dedicated to help individuals suffering with child abuse, neglect, sexual assault, mental health issues, domestic violence, chronic incarceration, and homelessness.
 - 396-406 South 12th St, Newark, NJ 07103
 - 866-768-1987

- [Newark LGBTQ Center](#)
 - This is a center for the LGBTQ community, allies and friends to feel safe and welcome. They offer programs to make individuals feel safe and welcome. They have a support group, yoga, craft nights, book clubs, community dinners and adult game nights.
 - 5 Washington St, 1st Floor, Newark, NJ 07102
 - 973-424-9555

- [Rachel Coalition Domestic Violence Services](#)
 - Offers a range of support including medical, 24-hour hotline, child counseling, individual counseling, legal consultation and support services, case management and court advocacy.
 - 570 West Mt. Pleasant Ave, Livingston, NJ 07039
 - 973-765-9050

- [The Safe House Domestic Violence Shelter](#)
 - Confidential residence for victims of domestic violence. They offer shelter, medical attention, case management, legal advocacy, court appointments, 24 hour hotline, food, clothing, children's programs, support groups for adults and children, and more programs.
 - Bloomfield, NJ, 07003
 - 973-759-2378

- [The Sanar Institute](#)
 - They provide long-term trauma healing services for survivors of domestic violence, sexual violence and human trafficking. They offer case-management, workshops, individual therapy and group support.
 - Newark, NJ 07102
 - 973-624-5454



Family Services

- [Baby Land Family Services, Inc](#)
 - They provide Parent Education Programs to help parents through workshops, group activities, counseling, classroom help and even provide housing assistance and food pantries. They also have child development programs to assist infants and toddlers with early education.
 - 755 South Orange Ave, Newark, NJ 07106
 - 973-399-3400
- [Department of Human Services- The State of New Jersey](#)
 - The Department of Human Services provides services for families and individuals to ensure their well-being, health, and development, and self-sufficient. The programs include counseling, health care, services for disabilities, childcare, and more support services.
- [Department of Children & Families Division of Child Protection & Permanency](#)
 - Their goal is to protect vulnerable children and families. They offer adolescent services, children protection services, family and community partnerships, special education services, women programs and more.
 - 153 Halsey Street, 3rd Floor, Newark, NJ 07101
 - 973-648-4200
- [Division of Family Assistance and Benefits \(DFAB\)](#)
 - Offers assistance with financial, medical and shelter needs.
 - 18 Rector St, Newark, NJ 07102
 - 50 South Clinton St, East Orange, NJ 07018
 - 973-395-8000

- [East Orange Family Success Center](#)
 - They connect families to services through referrals as well as provide them with success plans, education, and parent/child bonding activities, workshops for adults to help them become more self-sufficient and food services.
 - 132 South Harrison St, East Orange, NJ 07018
 - 973-395-1442

- [Family Crisis Intervention Program](#)
 - Crisis stabilization and counseling services for children and families. Provides counseling for youths and families struggling with domestic violence, juvenile delinquency, and parent-child conflict.
 - 395 South Center St, Orange, NJ 07050
 - 973-675-3817

- [NJ Division of Family Development](#)
 - The state offers various programs through their agency. The programs include assistance for needy programs, SNAP for food, child support, childcare services, employment assistance and more.
 - 6 Quakerbridge Plaza, Trenton, NJ, 08619
 - 609-588-2000

- [Programs for Parents](#)
 - They offer financial assistance to help cover child care costs, referrals to other services, parent education and high quality care and education for children.
 - 570 Broad St, 8th Floor, Newark, NJ 07102
 - 973-297-1114

Youth Services



- [Early Intervention Services- New Jersey Government](#)
 - You don't need a doctor's referral if your baby is not meeting developmental milestones.
 - 888-653-4463

- [East Orange Family Success Center](#)
 - They have summer programs or after school programs for children and adolescents. They consist of tutoring, academic enrichment, cultural awareness and more.
 - 132 South Harrison St, East Orange, NJ 07018
 - 973-395-1442

- [Milihov Foundation Inc.](#)
 - This foundation helps youth and young adults reach their life goals through various educational programs. They provide academics, cultural and social enrichment activities, healthy lifestyle improvements, peer mentors, skills training, and career development.
 - South 20th St, Newark, NJ 07108
 - 973-776-4605

- [Nassan's Place](#)
 - This is a nonprofit for children with autism. They provide numerous educational, social, recreational programs. They also provide supportive services and advocacy for children and families affected by autism.
 - Nassan's Place, East Orange, NJ 07019
 - 973-424-7781
 - Info.nassansplace@gmail.com

- [Newark Day Center](#)
 - They provide educational child development program for children between 3 months and 5 years. Their curriculum includes fine and gross motor development, cognitive skills, social-emotional development, basic concepts for all subjects and more.
 - 43 Hill St, Newark, NJ 07102
 - 973-643-5710

- [NJCRI Project WOW Youth Center](#)
 - They offer a safe environment for LGBTQ youth and different services to help them build a foundation of self-reliance, self-esteem and self-confidence. Their services include peer support, skills building, medical care, substance abuse counseling, HIV testing, resume assistance, shelter and more.
 - 393 Central Ave, Newark, NJ 07103
 - 973-483-3444

- [Special Child Health Services](#)
 - They provide a case manager or a service coordinator to educate families and assess the needs of the children. They can then help provide different interventions, services or therapies for children.
 - 50 South Clinton Street, Suite 4301, East Orange, NJ 07018
 - 973-395-8836

- [The HUBB – Youth Outcry](#)
 - They offer beneficial activities and opportunities to youths. This includes job fairs, health screenings, and mental wellness, violence and abuse education.
 - 135 Prince St, Newark, NJ 07103
 - 973-900-6454

- [The South Orange-Maplewood Adult School](#)
 - They have a summer enrichment program for children that focuses on different activities to help meet every child’s needs.
 - 17 Parker Ave, Maplewood, NJ 07040
 - 973-378-7620

- [Urban League of Essex County](#)
 - They offer programs for adults to help them obtain economic self-sufficiency through jobs, home ownership, entrepreneurship, remedial skills and other trainings. They also offer programs to mentor youth children.
 - 508 Central Ave, Newark, NJ 07107
 - 973-624-9535

Senior Services

- [Essex County Department of Senior Services](#)
 - Programs offered are adult protective services, assisted transportation, caregiver assistance, care management, certified home health aide, emergency heating/cooling, financial counseling, health insurance counseling, home delivered meals, home modifications, nutrition sites, legal services and more.
 - 465 Dr. Martin Luther King Blvd, Newark, NJ 07102
 - 973-395-8365

- [Newark Day Center](#)
 - They serve senior citizens to help them remain active mentally, physically and emotionally by providing referrals for housing, Medicare, Medicaid and other programs.
 - 43 Hill St, Newark, NJ 07102
 - 973-643-5710



Transportation Resources

- [BRAVE](#)
 - Offers counseling, healthcare, transportation, job placement, recovery, legal support, housing and more.
 - 127 Pine Street, Montclair, NJ 07042
 - 973-746-2400

- [Essex County Department of Citizen Services](#)
 - Special transportation with wheelchair access for seniors and individuals 18 years or older with a disability. Must call 3-5 days in advance to schedule your appointment for a ride.
 - 973-737-7200

- [NJ 211 Ride United Vaccination Access](#)
 - Through a partnership with Lyft, NJ 211 is offering free transportation access for vaccinations in New Jersey. This service is available for anyone in New Jersey with a COVID-19 vaccination appointment.
 - Call 2-1-1 or text your zip code to 898-211 to schedule your ride appointment.

- [VAXRIDE NJ](#)
 - New Jersey Transit is committed to helping New Jersey residents become vaccinated against COVID-19. NJ Transit is offering no cost tickets for rides to and from vaccine appointments. You will receive up to 4 one-way tickets (2 for each appointment).
 - [For more information on how to sign up please click here.](#)
 - Or call 973-275-5555

Legal Services



- [Essex/Newark Legal Services](#)
 - They offer various legal programs and resources for individuals who cannot afford a lawyer of their own.
 - 5 Commerce St, Newark, NJ 07102
 - 973-624-4500

- [Newark Community Solutions](#)
 - They apply a problem-solving approach to low-level, non-violent cases in Newark courthouses. They offer judges a range of sentencing options such as community service, group counseling, treatment and readiness classes, educational assessments and monitored community placement.
 - 31 Green St, Newark, NJ 07102
 - 973-733-5180

- [Volunteer Lawyers for Justice](#)
 - This organization works to improve the lives of economically-disadvantage individuals by empowering them with tools, advice and pro bono representation. They offer “Know your rights” online seminars to make sure individuals know what they are entitled too. They are offering COVID-19 resources to make sure people and families aren’t being evicted or facing other challenges from COVID.
 - PO Box 32040, Newark, NJ 07102
 - 973-645-1955
 - vlj@vljnj.org
 - Newark South Ward Families text 206-222-7922 for help



Adult Education Services

- [All the Way Up Adult Education Center](#)
 - Offers GED prep, Adult Basic Education, English as a Second Language and Job Readiness Training.
 - info@allthewayupnj.org
 - 862-234-5258

- [Essex County College – Adult Learning Center](#)
 - This college offers different types of classes for adults to take. Funded by the NJ State Department of Labor, their goal is to provide adult learners with self-sufficiency, skills necessary for employment, career/educational advancement, and support literacy development of their children/families.
 - 303 University Ave, Newark, NJ 07102
 - 730 Bloomfield Ave, West Caldwell, NJ 07006

- [Focus Hispanic Center for Community Development Inc.](#)
 - Provides community social services and human development programs, emergency assistance including food bags, senior services, adult protective services, youth and family programs and adult education.
 - 441-443 Broad St, Newark, NJ 07102
 - 973-624-2528

- [La Casa de Don Pedro](#)
 - They offer health initiatives, youth and family counseling, adult education classes and more.
 - 75 Park, Ave, Newark, NJ 07104
 - 973-482-8312

- [New Community Corporation](#)
 - This Corporation offers courses and services for anyone who needs help and wishes to learn something new. Their courses will help your career stand out.
 - 233 West Market, St, Newark, New Jersey, 07103
 - 973-623-2800

- [The South Orange-Maplewood Adult School](#)
 - They have an extensive catalog with adult classes. They have business, arts, culinary, driving, performing arts, technology and more.
 - 17 Parker Ave, Maplewood, NJ 07040
 - 973-378-7620

Job Search Resources

- [BRAVE](#)
 - Offers counseling, healthcare, transportation, job placement, recovery, legal support, housing and more.
 - 127 Pine Street, Montclair, NJ 07042
 - 973-746-2400

- [Bridges Outreach Project Connect](#)
 - Onsite medical treatment including, adult medicine, gynecology, sports medicine, lab services, substance abuse treatment, and mental health. Also offers services for legal aid, financial assistance, job training, employment connections, housing, veterans, and case management.
 - 35 Halsey Street, Newark, NJ 07102
 - 973-723-2307

- [Catholic Charities of Northern New Jersey](#)
 - Offers a range of programs such as counseling and support for youth and families, elderly programs, educational special needs programs for children, psychological and psychiatric help for mental illness, job training, high quality and affordable education for children, emergency shelter, affordable housing, and adoption services.
 - 590 North 7th Street, Newark, NJ 07107
 - 973-596-3934

- [City Life Health](#)
 - An organization providing quality care to underserved communities and help with their quality of life. They serve to treat patients and help manage complex health conditions. They also offer food, housing, job security, education, and behavioral health services.
 - 44 Jones Street, Newark, NJ 07103
 - 877-926-9272

- [Isaiah House](#)
 - They work to reduce homelessness, hunger, drug addiction, and unemployment. They offer many support services including life skills training, money management, job search assistance, medical referrals, tutoring and helps to reunite families.
 - 238 North Munn Ave, East Orange, NJ 07107
 - 973-678-5882
- [Urban League of Essex County](#)
 - They offer programs for adults to help them obtain economic self-sufficiency through jobs, home ownership, entrepreneurship, remedial skills and other trainings. They also offer programs to mentor youth children.
 - 508 Central Ave, Newark, NJ 07107
 - 973-624-9535

In-home Education Resources for Students and Parents

- [New Jersey Field Trips for Home Schoolers](#)
- [New Jersey Home School Laws](#)
- [North Jersey Home Schoolers Association](#)
 - They have a list of activities for homeschooled children to enjoy.
- [Time 4 Learning](#)
 - They offer lesson demos for all grades.

Local Health Departments

- Bloomfield Department of Health & Human Services
 - Serves: Bloomfield, Caldwell, Glen Ridge
 - 973-680-4024
 - mfitzpatrick@bloomfieldtwpnj.com

- East Orange Department of Health
 - 973-266-5480
 - Victor.kteyi@eastorange-nj.gov

- Irvington Health Department
 - 973-416-7760
 - healthofficer@irvingtonnj.org

- Livingston/Millburn Health Department
 - 973-535-7961
 - lanello@livingstonnj.org

- Maplewood Health Department
 - 973762-8120
 - cdavenport@twp.maplewood.nj.us

- Montclair Health Department
 - Serves: Cedar Grove, Montclair, Nutley, Verona
 - 973-509-4970
 - sportuese@montclairnjusa.org

- Newark Department of Health & Community Wellness
 - 973-733-7600
 - lanello@livingstonnj.org

- City of Orange Township
 - Serves: Belleville, Orange
 - 973-266-4073
 - vdefilippo@ci.orange.nj.us

- Township of South Orange
 - 973-378-7715
 - jfesta@southorange.org

- West Caldwell Health Department
 - Serves: Fairfield, North Caldwell, West Caldwell
 - 973-226-2303
 - bwallace@westcaldwell.com

- West Orange Health Department
 - Serves: Essex Fells, West Orange
 - 973-325-4120
 - tdenova@westorange.org